

# THE PENNANT

PENOLA

Phone: 08 8741 8170 Trades and Classifieds: 1300 666 808

\$3.00 Inc. GST



Principal to stay on

PAGE 3



Promoting mental health at school

PAGE 5



Players to play on

PAGE 6



Four-page TV Guide

INSIDE

No Stamp Duty on New Homes

For Eligible First Home Buyers

To learn more, visit

[betterhousing.sa.gov.au](http://betterhousing.sa.gov.au)



Government of South Australia

12614356-RR05-23



People's Choice Award winner Chicago Smith, right, raised more than \$20,000 for Stand Like Stone Foundation.

## Chicago takes out the People's Choice Award

After a mammoth fundraising effort by Chicago Smith, she has secured the The People's Choice Award at the 2023 Swinging with the Stars event.

The Stand Like Stone Foundation's (SLSF) annual major fundraiser raised more than \$100,000 over the weekend, with

more than 570 people in attendance.

Kellie Nobes and dance partner Jayden Green were eventually declared the winners.

The People's Choice Award for raising the most money went to Ms Smith, who raised \$23,146 for SLSF.

Full story, page 9

# Journey to Penola

By Charlotte Varcoe

A cross made by the floorboards of Penola's very own Mary MacKillop Memorial School floorboards continues to make its way home.

The South Australian Knights of the Southern Cross will continue to showcase the historical Catholic artifact at a number of parishes as they travel alongside the cross from Brisbane.

The Catholic men's group was formed in 1922 and often refer to themselves as Bishop men.

Knights of the Southern Cross SA deputy state chair David Lloyd said those involved had been travelling for the last three months after taking the cross from Brisbane.

"The cross was at Brisbane and it should be living at Penola where it was first made," Mr Lloyd said.

"We were able to bring it down to Adelaide and we decided to do a pilgrimage while travelling to Penola for it to live in the museum.

"So far we have travelled to a number of parishes and then we will go to the western sub-

urbs where we are doing a week at a time so we have grouped parishes in different areas."

Mr Lloyd said the Knights would bring the parishes together for a week's pilgrimage in their parishes which allowed them to cover a bigger area in a shorter amount of time.

"The response so far has been very positive and at each visit people often take away the history of the cross which has been accepted very well," he said.

"One of the parishes wanted it to be displayed at its two schools and although it makes more work it is great for the children to also be able to see it."

Mr Lloyd said the Knights would place the cross at its destination on the Saturday and leave it there for a week with brochures, leaving it up to the parishes to explain the cross and its significance.

"We place it up and we have to use a hearse to transport it around because it won't fit in any of the vans we have," he said.

"It is important for it to travel because it is a pilgrimage to acknowledge the Australian saint and what she did and it is a privilege to be able to showcase this before it stays in Penola."

Continued page 3

## Livestock & Property

### 7 Lizzie St, Penola

\$335,000



3 Beds



1 Bath



1 Car

Lovingly Renovated Character Cottage in the centre of Penola

It is with great pleasure that TDC Livestock & Property offer to the market 7 Lizzie Street, Penola - ideal for the first home buyer or investor. This gorgeous cottage style stone home on a spacious 970m2 allotment has just undergone a major facelift... meaning the new owner can move and not have to lift a finger. With a rental appraisal of \$300 per week, this is also the ultimate investment property (in a high demand rental market) where all the hard work has been done for you!

- Brand new kitchen, flooring throughout, painted inside & out, stylish white front fence and contemporary window furnishings and electrical fittings.
- 3 bedrooms, one with floor to ceiling BIR's & ceiling fan.
- Open plan brand-new kitchen & living area with slow combustion wood fire & reverse cycle air conditioning.
- Bathroom with separate bath, shower & toilet.
- Fantastic outdoor entertaining space overlooking the huge backyard.
- Outside the property also offers rainwater, a chook pen & so much space for kids to run around or pets to roam.

Located only a short walk to all the amazing amenities Penola has to offer, this is a rare opportunity not to be missed.

Contact Mark De Garis 0428 372 124 or Karly Honner 0438 339 729.



FOR SALE

49 Church St, Penola SA  
(08) 8737 2695  
81 Henty St, Casterton VIC  
(03) 5581 1713  
RLA 44072

WEATHER .....page 13  
 TV GUIDE..... pages 15-18  
 PUZZLES .....page 19  
 PROPERTY ..... pages 20-21  
 CLASSIFIEDS .....page 22  
 MOTORING .....Page 23  
 SPORT..... pages 24-32



## New life for Davidson Cottage

In association with State Heritage, Penola's branch of National Trust SA has developed a mobile phone app called SA Heritage, to enable people to learn more about historic sites within Penola on self guided tours.

The following is one of the subjects from this app.

### Davidson Cottage

Sharam Cottage was the only building in Petticoat Lane when in 1861 Peter and Isabella Davidson purchased this property from Alexander Cameron and with their son John a carpenter, built this cottage with pit-sawn timber and a shingle roof.

Between 1889 and 1895 Petticoat Lane was a dead-end street with a lane-way in front of this cottage which was leased to the Anglican Church as a Rectory for 40 pounds per annum. Reverend Teape, whose description of Petticoat Lane is quoted in the interpretation sign at the entrance to the Petticoat Lane was the first of the Rectors to live here.

The cottage became a ruin in the 1970s and was used as a horse stable until Penola Branch of the National Trust of South Australia purchased the property in 1987.

At the time of renovation a surprising number of old wine bottles were recovered from the old well. Also collected and now held by the National Trust were many small items including old nails, fragments of glass, porcelain, plastic, leather, wood and bone.

This building is now leased and used as Bed & Breakfast accommodation.



This photo shows well known local identity Mrs Kealy on the right.

## Who's with Ethel?

This photo in the South East Family History Group collection shows local identity Mrs Ethel Kealy on the right.

Mrs Kealy was well known in Millicent for driving her classic black Armstrong

Siddeley into town.

The woman sitting to the left of Mrs Kealy remains unknown.

If you can help name the second lady in this photograph please contact South East Family

History Group researcher Colleen Hammat.

Information can also be provided at the SE-FHG on Wednesdays and Saturdays 1-5pm, by phoning 8733 1100 (or leave a message) or via email [info@sefhg.org](mailto:info@sefhg.org).

## Community comes together for redevelopment

By Caroline Hammat

In 1992 community and business donations to the Millicent Hospital contributed to the then renovation of the hospital's palliative care room.

31 years later room 12C has undergone a major redevelopment, largely due again to support from local community groups and individuals.

The renamed family room was officially opened last Friday afternoon and more than 20 people representing various community groups had the opportunity to tour the new facility.

Millicent Hospital's Executive Officer and Director of Nursing and Midwifery Michelle de Wit greeted those in attendance.

"Today wouldn't be happening without all of you around this room" she said.

"You've been supportive of the health service for a very long time and we continue to appreciate your efforts to support us provide the best care we can and the best environment we can.

"We know palliative care can go on for a very long time and we wanted to freshen the room and give it a more family approach."

The redevelopment has included a totally refitted bathroom which is now fully accessible for those with disability.

Generous donations meant the redevelopment could include higher end products including the \$7,000 king single bed and an almost \$1,800 reclining high lift chair for patient use.

"The bed is a bit larger than our other beds and it provides much more functionality" Ms de Wit said.

"We can change it into multiple positions more easily and it's completely electric so removes that risk for staff as well.

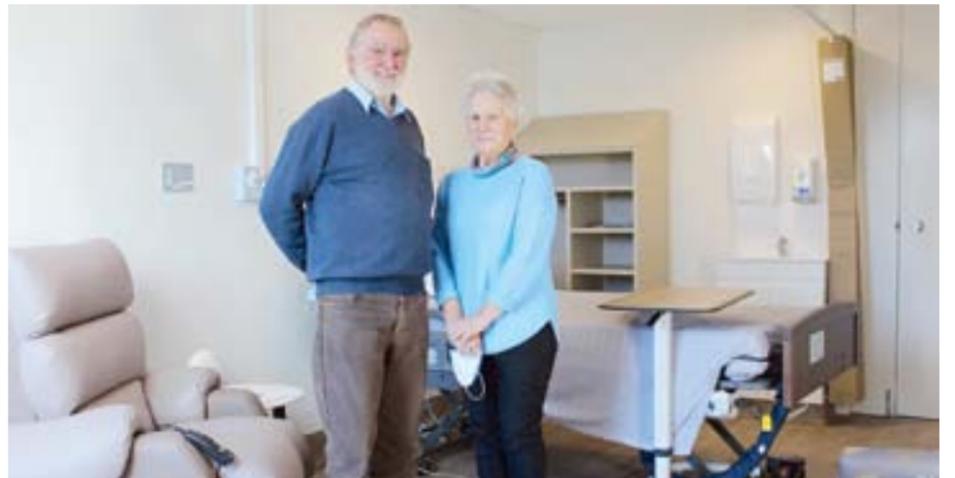
"We have also got an attenuating full air mattress which is a pressure injury prevention device.

"That is going to be fabulous for people who may be more bed bound than others."

Another major change to the remodel has been relocating access to the courtyard from inside the bathroom to the main room.

This now allows a view, and direct access, to the courtyard which includes a Lake McIntyre inspired mural painted by Peter Dunn.

New outdoor furniture and planter boxes



Presiding member of the Millicent and Districts Health Advisory Council Kevin McGrath and his wife Toni inspect the newly opened family room.



Discussing the newly redeveloped family room are Trevor Sinclair, nurse unit manager Fiona Oliver and Ron Wood.



Visiting the newly renovated courtyard area are members of the Ladies Evening Auxiliary Bev Fabris and June McIntyre, Trevor Sinclair from the Millicent and Surrounds Health Group and Ron Wood of the Millicent and Districts Health Advisory Council with Nurse Unit Manager Fiona Oliver (centre).

for the courtyard have been purchased with donations and an existing park bench was restored by residents of the Mount Gambier prison.

Other additions to the room are a sofa bed, bedroom sink that includes a vanity and open shelving for ease of access.

Acknowledging those who contributed to the project Ms de Wit said

"It's been a significant amount of money the community have provided to support this space."

It has taken years of planning and work for the room to be completed and Ms de Wit is already looking toward the next possible projects.

"There is some work in Sheoak that we

would love to do but that will need significant planning and funding, so we will be working on that progressively.

"We would like to move our pharmacy for acute into a much better location, so that potentially is the one that will be next but we will wait and see.

"I've always got things I would like to do but it is just a matter of being able to do them and having the funding."

Donations for the new family room redevelopment were provided by Millicent Country Women's Association, Kevin and Toni McGrath, Millicent Cancer Support Group, Evening Ladies Auxiliary, Wattle Range Ladies Auxiliary, Give Me 5 For Kids (Triple M), Matthews family and Millicent Senior Citizens Club.

**40% SALE**  
**"Store wide"**

SECOND CHANCE

Sale extended until Monday 26th June

**Stock take Sale**  
**40% discount**

On everything

(dry-cleaning and fresh flowers exception)

Open 7 days until 5pm.

Open 7 days til 5pm  
 (08) 8737 2284  
 43 Church Street,  
 Penola 5277

Di's  
 Gifts'n'  
 Flowers

12615249-8025-23

# Building leadership skills

By Aidan Curtis

A Penola High School student is getting ready to head overseas after successfully applying for an international leadership programme.

Penola Year 11 student Rochelle was one of 60 students selected from across both Australia and New Zealand for the Pacific Student Leaders Programme.

The programme was designed to help students build leadership skills while immersing themselves in intercultural connections.

Rochelle said the programme will be taking her to Tonga, and she was nervously excited as it will be her first time leaving Australia.

"I actually cried [when I was selected] because I haven't been out of Australia before," she said.

"I just think being able to meet new people from the course and make friendships with people overseas will definitely be a highlight for me because I'm not a shy person and I can make friends very easily.

"Being able to connect with others from New Zealand and Tonga will be great."

Rochelle said she is very much looking forward to learning all about another culture and developing more than leadership skills.

"It's a week full of activities based around leadership and learning the culture," she said.

"They have the elders teach wood carving and coconut carving."

She also said the opportunity would not be possible without so much support from the community and many people have donated money towards helping her be a part of the Programme.

"I've organised a raffle and I've had so many people donate and buy raffle tickets," she said.

"There's been so many people like the Lions Club and a lot of my mum's friends are really helping.

"[Penola principal Steve Carli-Seebohm] organised the raffle and the donations from businesses, the school has been very supportive."

Rochelle will be looking to encourage more students from the region to apply for the programme in future.

Penola High School student Rochelle is ready to head overseas as part of the Pacific Student Leaders Programme. Picture: AIDAN CURTIS



## 'Couldn't be happier': Principal signs on until '27

By Aidan Curtis

Penola High School's new principal Steve Carli-Seebohm is making big plans for the school after officially signing on to the position until 2027.

Mr Carli-Seebohm said he "couldn't be happier" to be leading the school for the next few years as he knew from the get-go it was where he wanted to be.

"The first day I was here, back in term four, literally by lunch time I just knew," he said.

"In my head, I was like this is absolutely the school I want to work at.

"It's such a good staff and I'm not just saying that to blow smoke up anyone, they are an awesome team."

The wider community played a part in that decision, with the welcoming nature of Penola locals making Mr Carli-Seebohm feel at home quite quickly.

"The community of Penola itself, they are more than happy to welcome new people and engage with them," he said.

Though things like giving the school a bit of a facelift are on the agenda, Mr Carli-Seebohm said one of his biggest visions for the school is around creating a lasting legacy. "One of the challenges Penola has faced has been a bit of a turnover of, not just leadership, but staff over the last

decade," he said.

"It's not been negative, it's people have gone to other opportunities or other experiences, but it's also meant people here are used to a turnover.

"While personally, it's fantastic to get that opportunity to be here for the next five years as a minimum, it's actually about who else I get along for the ride and build that wider structure."

Student agency also played into that idea of legacy and Mr Carli-Seebohm said he wants to see current and future students take charge of their education.

"I think student agency ... is more than just having an SRC or an elected student representative for a class, it's actually students investing in their learning and investing in their school community," he said.

"We're really working on building that culture so students can engage in that side of what they want to do.

"One of the aspects we've been looking at as part of our site improvement is student learning goals where they actually advocate for what they would like to learn in their subjects and how they want to improve."

He said he is looking forward to growing as a professional and as a person with the school community in the coming years.

## Cross returning to Penola

From page 1

The cross was one of two made from the school's floorboards with the other presented to the Pope during one of his visits to Sydney.

Mr Lloyd said the two crosses were also made by Knights in Penola, thus allowing the organisation to participate in the project.

The cross is expected to arrive in Penola for its final resting place later this year.



Knights of the Southern Cross deputy chair David Lloyd with Father Paul Mwaura PP as the cross was on display at Church of the Nativity Aberfoyle Park in May.



Jo O'Connor  
0429 854 910  
Real Estate

Carly Moulton  
0448 333 483  
Property Management

'Achieving results through a wealth of experience, knowledge and dedication'

57 Church St Penola  
pphs.com.au

RLA 315655

FOR SALE

Solid Stone 3 Bedroom Home



103 Church Street Penola  
\$275,000

3 bedrooms, 2 bathrooms, 1 car space

- Listed is this great rent buster property, perfect to break the renting cycle or for investors to add to their portfolio
- Made of solid stone construction, this property is situated on a versatile corner allotment, measuring approximately 923m<sup>2</sup>
- The kitchen has been tastefully renovated and opened up to give the home a fabulous open plan kitchen/meals/living area
- Other features include slow combustion wood heater reverse cycle air conditioning single stone garage and workshop area, unequipped bore, pergola, rear access to yard and electric roller shutters to the western windows

# Celebrating women in ag

By Aidan Curtis

The members of the Kalangadoo branch of Women in Agriculture and Business South Australia (WAB) are getting ready to commemorate a significant milestone.

The group will be celebrating its 100th year in August and, while member numbers are down, that is not stopping them from making big plans to mark the occasion.

Kalangadoo WAB president Sandra Young said despite only having four to five members over the last few years, they are “hanging in there” to make sure the 100th year celebrations happen.

“We didn’t want to dissolve or anything like that because we knew our 100th year was coming up,” Ms Young said.

“We’re very excited that it’s now happening.”

Ms Young said people can expect a range of fun activities on the day, including a murder mystery play, music and great costumes.

“We’ve got a whole day planned with the theme of the 1920s, so we’re hoping people will come dressed up,” Ms Young said.

“We’re going to have high tea with a couple of butlers who are getting dressed up, we’re going to have jazz-type music.”

Kalangadoo WAB will also be acknowledging the history of the group and the women who started it all with a roll call for the founding members.

“In the roll call, we’ll mention a sentence about each of them,” Ms Young said.

“If there’s any relatives, and we’re trying to trace these relatives, they can be acknowledged and hopefully have a little gift for them.

“After those 16 [founding members], we’ll go through the years and people who have had members within those years, they can be acknowledged.”

Ms Young said it was important to recognise the dedication of all the previous



Kalangadoo Women in Agriculture and Business president Sandra Young, left, former member Elaine Sleep and current member Susan Hickey. Picture: SUPPLIED

members of the group.

“Looking back, you can see how the WAB ladies have been helping the community

throughout history,” she said.

“They’ve always been there, they’ve never folded - even during the war.”

The centenary celebrations will begin at 9.30am on Wednesday, August 9 at the Riddoch Memorial Institute Hall in Kalangadoo.

## COUNCIL COMMUNICATIONS



### Current Consultations

Council is currently seeking community feedback on the Draft 2023/24 Annual Business Plan and Budget prior to its adoption. Written Submissions close July 6. Verbal submissions can be made at the meeting of Council to be held on July 11. For details, including how to make a submission, visit [www.engage.wattlerange.sa.gov.au](http://www.engage.wattlerange.sa.gov.au).

### July Community Mulch Days

FREE mulch for Wattle Range Council residents and community groups at the Millicent Saleyards on Sunday, July 16 (3rd Sunday of the month) and Penola Resource Recovery Centre on Sunday July 23 (4th Sunday of every second month) from 10am to 2pm. A loader will be onsite to fill your ute or trailer. Bring your personal protective equipment and a tarpaulin to cover your load. A disclaimer will also need to be signed prior to collection.

Questions? Contact Council’s Engineering Office on 8733 0901 or visit [www.wattlerange.sa.gov.au/wasteinitiatives](http://www.wattlerange.sa.gov.au/wasteinitiatives) for a full list of dates.

### Employment Opportunities

Council currently has a number of exciting employment opportunities available across the organisation.

Specific details, including how to apply, are available at <https://wrc.jobs.subscribe-hr.com>

### Your Council Update

Have you read Council’s monthly newsletter ‘Your Council Update’? Look out for it on your local community noticeboard or read it on our website.

### Wood Collection Permits

The public are reminded of the need to obtain a permit to collect fallen timber from roadsides within the Council area. There are several roadsides from which collection is not permitted, a list of these roads is available on Council’s website.

Permits can be obtained from Council offices upon payment of a fee and are available only to residents of the Council area to collect wood for personal household use.

Permit holders should abide by the conditions listed on their permit. Failure to do so may result in penalties being applied. Penalties also apply to persons caught collecting wood without a permit.

### Stay Informed with Antenna

Antenna is a free mobile app that is very simple and easy to use. You can receive real time notifications on any number of Council related issues including waste and recycling collections, council events and so much more. Download from the App Store or Google Play.

### Contact Council 24/7

Council provides emergency after hours assistance in the areas of animals, roads, trees and Council buildings and facilities. If you have an issue phone Council on 8733 0900.

For further information on Wattle Range Council visit [www.wattlerange.sa.gov.au](http://www.wattlerange.sa.gov.au) or Find us on Facebook

## Memories of George St

In a unique project to capture local history before it is lost community members are invited to attend an informal monthly gathering at the South East Family History Group (SEFHG).

Local researcher Colleen Hammat is keen for the event to become a regular on the social calendar with a different theme discussed each month.

The first event is scheduled for Tuesday July 11th and 1.30pm at the SEFHG with the theme of local businesses.

People who worked in George Street or other local businesses during the 1950s and 1960s in Millicent are invited to share their memories to help build on current knowledge.

“I’m encouraging people to come along and share their stories,” Ms Hammat said.

“Memories of working in local businesses or owners of businesses, or even customers who can remember things like Eudunda’s flying fox or what they used to do at work.

“Stores like Munyard and Brown or Gil-

pins, which is now where the Stellar Super Mart store is.

“All the women who worked at Gilpins used to wear black and white.

“We will start off in that era but then the next one might be weddings or courtings and engagements or the local dances.

“Where they went to, what they did and how they got there.

“We previously interviewed Lorna Watts who talked about going to the dances at Nangula and how they had to walk through mud.

“Lorna used to take her shoes in a sugar bag on the back of a horse and buggy because the roads were so muddy.

“Hearing people’s stories before the memories are lost is so important.”

Ms Hammat hopes to record the meetings and transcribe parts so it will be another source of local family history.

“I don’t think anyone has done it like this before.”

All are invited to attend the free afternoon.



Colleen Hammat with a paper store bag from Coin’s Millicent hopes people are willing to share their memories of working and shopping in Millicent in the 1950s and 1960s.

# Promoting mental health

By Aidan Curtis

Having the courage to speak up and seek help with mental health was the main message from Naked Farmer Ben Brooksby's visit to Penola High School.

Mr Brooksby spoke to Penola students on Wednesday morning about his experiences with anxiety, his work as The Naked Farmer, and the importance of talking to someone.

He said coming to schools and encouraging young people to speak up was something he is very passionate about.

"Coming to schools, it's an important part to my mission because I believe that, not fixing the mental health problem, but helping combat the issue is about educating our kids," he said.

"They're the next generation coming through and it stems from the kids, they go home and talk to their parents and grandparents.

"It really helps make that change and the change in talking about mental health in the home."

Mr Brooksby said it was important to normalise conversations around mental health with students as they would be parents themselves one day and will be more easily able to discuss it with their families.

"It's one of my favourite things to do, to come to a school and talk, because I know the impact it's going to have in the longterm will compound on itself," he said.

"It's about bringing that normality to it and that conversation around mental health for generations to come."

During his presentation to the students, Mr Brooksby was joined by Stevie Judd, who grew up on a farm in the region and has featured in a number of The Naked Farmer projects.

Ms Judd bought many in the audience to tears with her experiences with mental health growing up and reinforced the message that seeking help is vital, especially for young people.

"Definitely just trying to get it out there so people can not feel like they're off in their own boat, we can be in the same one whether it's a yacht or a dinghy," she said.

"Just make it normal, let it be spoken about."

She said one of the best, most simple things people can do is learn to just have a good cry.

"Whether it's only for a couple of minutes or what, it just releases," she said.

"Your body has a thing of holding onto trauma and crying is a great way of getting rid of it.

"You can feel the knots in your gut and the lump in your throat, but it will ease."



OPEN UP: The Naked Farmer Ben Brooksby and Stevie Judd spoke to Penola High School students about the importance of seeking help with mental health. Pictures: AIDAN CURTIS



BOOKMARKED: Penola High School Year 12 Reese, Stevie Judd and The Naked Farmer Ben Brooksby.

## Wattle Range Council budget released for consultation

By Aidan Curtis

Wattle Range Council (WRC) has released its draft Annual Business Plan and Budget for community consultation.

The draft budget proposes a 7.9 per cent increase in council rates, in line with Adelaide's Consumer Price Index (CPI).

WRC chief executive Ben Gower said he did not expect a positive reaction to that number, but it was necessary to keep council's essential services running long-term.

"The major driver was probably looking at our long-term financial plan which was adopted at the last council meeting," Mr Gower said.

"That was linked to the ESCOSA [Essential Services Commission of South Australia] report we received earlier in the year about our long-term financial sustainability."

Mr Gower said council has averaged two per cent below CPI over the last five years, but that was not sustainable.

"We've had to at least match CPI and our long-term financial forecasting suggests we're going to need to maintain CPI, plus one or two per cent, for the next several years to catch up on that five year leaning period," he said.

"It's a large-ish number, but that's where inflation is sitting at the moment and sadly we can't control inflation."

He reminded the community that the



Wattle Range Council chief executive Ben Gower.

proposed budget is a draft and encouraged people to have their say on any changes they wanted to see.

"We'll be using our Engage Wattle Range consultation platform, so there will be QR codes and websites and Facebook links to all of that where you can have your say," he said.

"You can come along to any of the budget review meetings - we do have a meeting scheduled in early July for the community.

"Local Government Act allocates a minimum of one hour, but we'll go as long as we need to with as many community mem-

bers as want to come along to ask questions, voice your opinions, all those types of things."

Consultation on the draft budget is open until Thursday, July 6.

Council is expected to adopt the budget during its July meeting.

# Players' sights set on play

By Charlotte Varcoe

The Penola Players will continue with Ulrich Grey-Smith taking over the role of president.

Mr Grey-Smith was officially endorsed as the group's president at its recent annual general meeting with the aim of producing a play this year directly in sight.

The Penola Players first kicked off more than 70 years ago and has held at least one play each year up until the Covid-19 pandemic.

For the past three years, the group had been unable to put on a play for Penola and surrounding community with Mr Grey-Smith stating he would now focus on getting plays shown and getting people back into the local talent.

"The Penola Players will celebrate its 75th anniversary in 2025 and although it has been down a little bit lately I do think we have it in us," Mr Grey-Smith said.

He said there had been a lot of people in the group's productions over the years with Rymill Hall still home to 70 years worth of costumes.

"We are hoping to keep it going and we are still standing, which is a good way to look at it," he said.

Mr Grey-Smith said there were a number of local plays which he was interested in producing but was focused on finding a good calendar time to host it.

"There are also life memberships to celebrate as well and I am meeting people in Kalangadoo who have also written a murder mystery play recently which we will probably help with," he said.

"We are hoping to get one in this year but we will have to recruit membership as there are a lot of interested people who will come back."

He said he was first introduced to the group in 2003 and has since been in a number of productions.



Penola Players president Ulrich Grey-Smith with Annie Kilsby as they hope to get more plays up and running.

"Being on stage is addictive and it is good fun to entertain people and the teamwork that goes into putting on a play is something I enjoy," Mr Grey-Smith said.

"Annie Kilsby has written a few plays as well and we have talked about putting one of those on."

Ms Kilsby - who currently remains at the Penola Player's secretary - first joined the group in 1978 after being coerced into filling

in for a small role.

"They needed someone to take a small part and came and approached me so I decided to give it a go and I just loved it, it was so much fun," Ms Kilsby said.

"I have enjoyed the camaraderie and getting up there and knowing you are helping someone else have a good laugh is great."

Now encouraging others to join, Ms Kilsby said Penola residents had been questioning



Penola Players member Annie Kilsby with new president Ulrich Grey-Smith as they gear up for a new year.

when the next performance would be.

"The Penola Players have been a part of Penola for so long that people have been asking when the next play was and we hope it is soon," she said.

"Some of the biggest challenges is finding cast members, especially when it is a big cast but I don't think there are all that many challenges overall.

"We are not actors as such but it is the smell of the grease paint and the lights which gets the adrenaline going and it is so much fun."

Ms Kilsby said being a part of the Penola Players involved commitment more than anything with the group originally putting three plays on per year and travelling to other communities close by to perform.

"Everyone is so time poor now that we did go back to one a year but since Covid-19 this is the longest break we have had," she said.

"It was three months of practice including learning lines and going in one or two nights a week to rehearse and we have a good reputation so we are not going to put on anything that is half baked."

Moving forward, Ms Kilsby encouraged all residents in surrounding areas to support the group.

FSA/DETS1161



Best Start

Best Life



## Teach early childhood in Victoria.

Victoria needs more, qualified early childhood teachers and educators to deliver Three-Year-Old Kindergarten (pre-school).

Be rewarded with \$9,000 plus up to \$6,000 in relocation support.

Secure a role in a priority service and receive a financial incentive of up to \$50,000\* on top of your salary.

Find out more at [vic.gov.au/kinder](https://vic.gov.au/kinder)

\*Terms and conditions apply, visit [vic.gov.au/kinder](https://vic.gov.au/kinder)





Education and Training

12600576-HP25-23

# Taking the plunge for MND

It was the second year Kate Nowak organised a dunking tank for the Fight MND (Motor Neurone Disease) Big Freeze event during the Hatherleigh A grade football half time break.

This year the event was held during Saturday's game against Port MacDonnell.

After successfully raising more than \$25,000 for last year's Big Freeze campaign this year's tally is sitting close to \$20,000 and expected to rise.

For at least six years Ms Nowak and her supporters have been raising funds for Fight MND to help fund research into the debilitating disease which affects the nerve cells controlling the muscles.

The campaign is personal for Ms Nowak as her father Reg Hamilton lives with MND for which there is no known cure.

Nine participants from both Hatherleigh and Port MacDonnell donned animal costumes to take the plunge into the tank's icy cold water in the name of raising funds for further research.

An overcast and wet day the weather was not looking kind for participants until half an hour before they climbed onto the dunking seat the clouds and rain cleared for a little respite.

Following last year's example Mr Hamilton was tasked with the job of smashing the dunking button with a hammer for each dunkee who climbed up to the seat.

"Dad loves it, Sunday he came over with us to count the money and he was so happy," Ms Nowak said.

"He loves the day and it's worth it to see the smile on his face."

Millie Smith, Matt Nettle, Tim Merrett, Dylan Clough, Tom Bell, Hayley Goodwin, Cathie Williams and Kelly and Montanna Millard were each supplied a tin to raise a minimum of \$500 for the privilege of facing the dunking tank.

The participants raised well over their goal with their combined tally reaching \$13,063.55.

For Kelly and Montanna Millard from Port MacDonnell, the day is particularly difficult as the mother and daughter team cared for their mother and grandmother until her death from MND four and a half years ago.

"This year the theme was animals, the only two that weren't in costumes were Kelly and Montanna who have lost their mum and nanna to MND" Ms Nowak said.

"They wore t-shirts with her picture on them instead.

"It was very special for them, you look to the wider community, so many families are



Feathers fly as Matt Nettle hit the icy water of the dunking tank.

affected by it.

"The dunkees were freezing, but Matt Nettle said he'd do it again in a heartbeat."

This is the ninth year the national Big Freeze event has been held and the weekend's funds will go toward the

national fundraising target.

MND beanies are still available to purchase at Carapace in Beachport.

## CALENDAR OF EVENTS

COMPILED WITH THE ASSISTANCE OF WATTLE RANGE COUNCIL

### JUNE

#### 23 June

- Through Artists Eyes Art Exhibition opening

#### 25 June

- New Settlers Afternoon Tea

#### 25 June

- Millicent Gallery 3 Locals Art Exhibition

### JULY

- Coonawarra Cellar Dwellers

#### 1 July

- The International Day of the Tartan at Glencoe

### REGULAR EVENTS

#### Every Monday

- Senior Citizens, Millicent RSL
- Yoga at Beachport
- Ukulele classes at Penola RSL
- National Karate Academies, Penola Primary School Hall
- Millicent Choral Society practice, High School music room
- Penola Lions Bus to Mount Gambier
- Leggo's Boxing Training, Penola Basketball Stadium

#### Every Tuesday

- Red Cross Community Shuttle from Millicent to Mount Gambier
- Yoga at Millicent, Community Learning Centre

- Dance to Keep Fit, Beachport
- Millicent Men's Shed
- Melody's Performing Arts classes, Rymill Hall, Penola
- South East Junction Activities

#### Every Wednesday

- St Mary's Op Shop, Penola
- Millicent Art & Craft Group, Pottery
- Penola Men's Shed
- Social Bowls, Penola
- Ladies only Burlesque classes, Nangwarry
- Social tennis, Penola
- Fun exercise classes, Millicent Uniting Church
- Leggo's Boxing Training, Penola Basketball Stadium
- South East Junction Activities
- Cards at Beachport Cinema
- Crafty Kids @ the Penola Community Library
- Lions Club of Wattle Range Lioness Bookshop, 47 George Street, Millicent

#### Every Thursday

- St Mary's Op Shop, Penola
- Seniors Online, Millicent Library
- Craft at Beachport Cinema
- Millicent Men's Shed
- Ladies only Burlesque classes, Nangwarry
- Red Cross shuttle from Millicent to Mount Gambier
- Beachport Ukulele Group
- Indoor Social Bowls, Millicent Uniting Church
- Family connections program, Penola

- Craft at Beachport Cinema
- Beachport Twilight Golf and Twilight Bowls

#### Every Friday

- Lego Club, Millicent Public Library
- Lions Club of Wattle Range Lioness Bookshop, 47 George Street, Millicent
- St Mary's Op-Shop, Penola
- Seniors Online, Millicent Library
- Penola Bowls women's competition
- Millicent RSL Open
- Fun exercise classes, Millicent Uniting Church
- Dance classes, Penola
- Bar open Coonawarra Community Club

#### Every Saturday

- Kalangadoo Farmers Market
- St Mary's Op Shop, Penola
- Millicent Art & Craft Group
- Penola Bowls Club men's competition
- Penola Croquet Club
- Aqua aerobics, Penola pool
- Lions Club of Wattle Range Lioness Bookshop @ 47 George Street, Millicent

#### Every Sunday

- Beachport Ladies Golf Day
- Millicent Men's Shed

#### First Friday of the month

- Penola Community Library Book Club, Penola Community Library

#### 2nd Tuesday of the month

- Wattle Range Council meeting, Millicent Council Chambers

#### First and third Thursday of the month

- Book Club, Millicent Library

#### 2nd & 4th Thursday of the month

- Scribblers Writing workshop, Millicent Library

#### 3rd Tuesday of the month

- Millicent Local History, Library
- Penola Probus Club

#### Last Friday of the month

- Coonawarra Hall tea night

#### 2nd Sunday of the month

- Penola Hospital garden working bee

#### 3rd Sunday of the month

- Beachport Hotel family fun day and jam session

#### 4th Thursday of the month

- South East Family History Group meeting

#### 4th Friday of the month

- Beachport Film Society showing

#### Last Monday of the month

- Penola Leo Club

#### Last Tuesday of the month

- Millicent Cancer Support Group meeting

#### Every Fortnight

- Millicent Show Ground Markets



Club members Hamish Bouly, Nicole Moran and Liam Mills, Julie and Shannon Moran and Peter Phillips.

# Innovative club praised

Members of the Beachport Surf Life Saving Club (BSLSC) were elated Saturday night after picking up an award at the Surf Life Saving Club SA Awards of Excellence evening.

Held at the Adelaide Convention Centre a team of six BSLSC members were in attendance when the club received the Innovation of the year award.

BSLSC was recognised for a combination of their clubhouse design, environmental ac-

tion and making the club house completely off-grid.

A spokesperson for the club said they are super proud of our achievements.

“Now we qualify for the National awards for Innovation to be held later this year,” they said.

It was the largest awards night hosted by the organisation with more than 400 people in attendance.



Pictures: WEST 21 PHOTOGRAPHY

# Housing initiative welcome

By Charlotte Varcoe

The devil will be in the detail following the South Australian State budget this week, according to ac.care acting chief executive officer Kirsty Barnett.

Last week's budget announced a further 164 public houses to try and ease the current pressure on the rental market with the stopping of selling a further 580 public housing properties.

It also announced a significant energy bill relief, allowing thousands of South Australian residents entitled to receive a rebate of up to \$500 on electricity bills while child protection would also receive an increase in funding to meet the higher cost of children in care.

The State Government also announced it would abolish stamp duty fees for first home buyers of new homes valued up to \$650,000 or those purchasing vacant land valued up to \$400,000.

Ms Barnett said these were all pleasing announcements but there were still details needing to be sorted out.

“We are pleased about increasing the number of public houses and as a homelessness provider in the current housing crisis, the stamp duty abolishment and helping others to own their own homes may free up the rental market, but we will wait to see how many people will be able to afford to purchase in the current market,” Ms Barnett said.

“It is a bit of a mixed response in regards to that but we are pleased about the announcements in child protection, whether that is new money or a continuation of supporting these initiatives.”

She said the not-for-profit organisation was also pleased at the increase in foster carer payments who were also experiencing the cost of living crisis.

“These are people putting their hands up and volunteering to take care of other people's children so it was really good to see the increased funding for the number of children entering care,” Ms Barnett said.

“It does need to keep up to date with the number of kids going into care.”

She said the cost of living funding an-



ac.care acting chief executive officer Kirsty Barnett says more public housing will help. Picture: SUPPLIED

ouncements were also “interesting” with the energy relief funds being a positive for a number of South Australians.

“Some of those payments may not cover the energy rises potentially coming to us and there was moderate effort addressing the cost of living for concessions,” Ms Barnett said.

“It is a bit neutral around the cost of living efforts and was pretty silent in regards to the middle band of people.

“I don't know anyone in government in recent times who has done anything around that middle band so I do think it will continue to be tough for those people.”

She said the question also remained about how many more people could become vulnerable if they were not supported.

“The State Government has put in a lot of initiatives targeted to vulnerable people and it looks like there is a lot of emphasis on infrastructure projects for health which could possibly miss the majority of the middle ground of our community,” she said.

“These are the people starting to require help from us.”

Despite this, Ms Barnett said she was happy to see an increase in public housing which meant those in need could have a safety net for those in need and called for a number of houses to be implemented in the country regions.



Services Australia mobile service centre Kangaroo Paw II will visit the Limestone Coast in early July. Picture: SUPPLIED

# Mobile service centre to visit Penola and surrounds

A mobile Services Australia Centre will be travelling the Limestone Coast in early July, bringing services like Centrelink to the region.

Services Australia staff on board the 20 tonne truck, the Kangaroo Paw II, are able to provide easy access to Centrelink, National Disability Insurance Scheme, Medicare and Department of Veterans' Affairs services.

The services first stop will be in Keith on Tuesday, July 4, before travelling down to six destinations on the Limestone Coast and finishing at Port MacDonnell on Thursday, July 14.

**The Kangaroo Paw II will visit:**

- Keith on Tuesday, July 4, near Don Moseley Park, Heritage Street, from 10.30 am to 4pm

- Bordertown on Wednesday, July 5, and Thursday, July 6, near the Scout Hall, South Terrace, from 9am to 4pm
- Naracoorte on Friday, July 7, at MacIntosh Square, Jones Street, from 9.30am to 4pm
- Naracoorte on Monday, July 10, MacIntosh Square, Jones Street, from 9am to 4pm
- Lucindale on Tuesday, July 11, opposite the Rural Transaction Centre, Musgrave Avenue, from 9.30am to 4pm
- Penola on Wednesday, July 12, at the Penola Foodland car park, Church Street, from 9am to 4pm
- Port MacDonnell on Thursday, July 13, opposite the Community Centre, Charles Street, from 9am to 3pm

# Stars aid Stand Like Stone

Stand Like Stone Foundation's (SLSF) annual major fundraiser Swinging with the Stars has raised more than \$100,000 over the weekend.

SLSF chief executive Roger Babolka said he could not thank the community enough for the support shown on the evening with more than 570 people in attendance.

"The money raised from the night, and of course the fundraising activities held by the stars over the last few months, assists the Foundation in providing a critical range of community support across the region," he said.

"We are so proud of our community and simply can't thank everyone enough."

Mr Babolka said it was a tight contest, with a very high standard of dancing from the stars.

"Kim Cella has again choreographed the dances for the night, and I think everyone was blown away with the standard of the three routines this year, with the Judges finding it very difficult to decide," he said.

"So much so, the Judges had to go through a process to select the top four dancers and then down to the final two after another dance-off by the finalists, and it got even harder to pick the final winners for the night, they were all just so good."

Kellie Nobes and dance partner Jayden Green were eventually declared the winners.

The People's Choice Award for raising the most money went to Chicago Smith, who raised \$23,146 for SLSF.

"The support this event receives from a range of local businesses and individuals year after year is unbelievable and goes a long way in making the whole night the success it's always been," Mr Babolka said.

"However, the eight stars and their dancing partners are truly amazing.

"It's fantastic to be part of their journey as they learn the three routines in just 12 weeks, perform in front of more than 570 people, all while raising funds for their community."

Millicent's Liza Couzens also competed.



Swinging with the Stars winner Kellie Nobes and dance partner Jayden Green. Pictures: CHRISTY AND CODY RADFORD OF WITH LOVE PHOTOGRAPHY



Mount Gambier High School drama teacher Nic Tubb busted a move on the dance floor.



The stars performed a number of dance routines in front of the crowd.



Dancers put their best foot forward to try to take out top spot in the competition.



The stars put on a show for Swinging with the Stars 2023.



Preparing to be the days dunker is Reg Hamilton with his wife Lorraine.



Millie Smith with Caitlyn Shanks is all smiles before hitting the tank of ice cold water.

# Teams unite for Big Freeze

By Caroline Hammat

Hatherleigh and Port MacDonnell football and netball players joined with supporters for the second MND Big Freeze event organised by Kate Nowak on Saturday.

Held during Hatherleigh A grade football half time break nine volunteers stepped up to the dunking tank and waited with baited breath for Kate's father, Reg Hamilton, to dunk them one by one.

The participants faces after they emerged from the tank water left no doubt about how cold it was after it had been topped up with several bags of donated ice.



Port MacDonnell football club president Cathie Williams prepares to wet her wings.



Amy and Cash Faulkner and Megan Skeer waiting for the half time break.



Event organiser Kate Nowak (centre) with hands on helpers Heidi Ellis and Marnie Jolly.



Rachel, Millie and Jen Smith from Claywells.



Port MacDonnell supporters Adam Lewis, Heath Pratt and Jamie Telford.



Tim Merrett.



Dylan Clough prepares for his big freeze.



Cathie Williams exits the ice cold water with a look of shock on her face.



Haylie Goodwin.



Tom Bell and Matt Nettle prepare for their dunking.

Continued page 12



Tim Merrett



Tom Bell



Millie Smith

# Big Freeze unites teams

From page 11



Haylie Goodwin



Kelly Millard took the plunge in memory of her mother who lost her battle with MND four years ago.



Millie Smith.



Matt Nettle dressed as a dapper fox went down in a flurry of feathers.



Dylan Clough almost completely submerged.

# WEATHER

## FORECAST

### Warnings

See [www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

### SOUTH AUSTRALIA:

#### State Forecast:

Showers contracting to the agricultural area by late evening. Possible storms about western and southern coasts. Cool to cold in the south, grading to mild in the far northeast. North to northwesterly winds turning westerly across the north and west during the day.

Friday. Dry across the north but showers further south, mainly about the southern agricultural area. Cold at first in the north with local frost patches then cool during the day with mainly moderate northwesterly winds.

Saturday until Monday. Cold mornings in the north with frost patches. Showers at times, mainly about the southern agricultural area. Possible areas of rain developing in the far north on Sunday and Monday. Cool days in the south but milder in the north. Mainly moderate northwesterly winds, fresh at times in the south.

#### Lower South East District:

Cloudy. Very high chance of showers. Winds northeasterly 25 to 35 km/h.

Friday. Partly cloudy. High chance of showers, most likely in the morning. Winds north to northeasterly 15 to 20 km/h tending north to northwesterly 15 to 25 km/h during the morning.

### VICTORIA:

#### South West District:

Cloudy. Very high chance of showers, most likely in the afternoon and evening. Winds northeasterly 25 to 35 km/h.

Friday. Partly cloudy. High chance of showers, most likely in the morning. Winds north to northeasterly 15 to 25 km/h tending north to northwesterly during the morning.

## COONAWARRA FORECAST



**TODAY**  
Showers. 10



**TOMORROW**  
Showers. 14



**SATURDAY**  
Shower or two. 14



**SUNDAY**  
Showers. 15



Sunny

Mostly sunny

Partly cloudy

Cloudy

Chance shower

Shower or two

Showers

Light rain (drizzle)

Rain

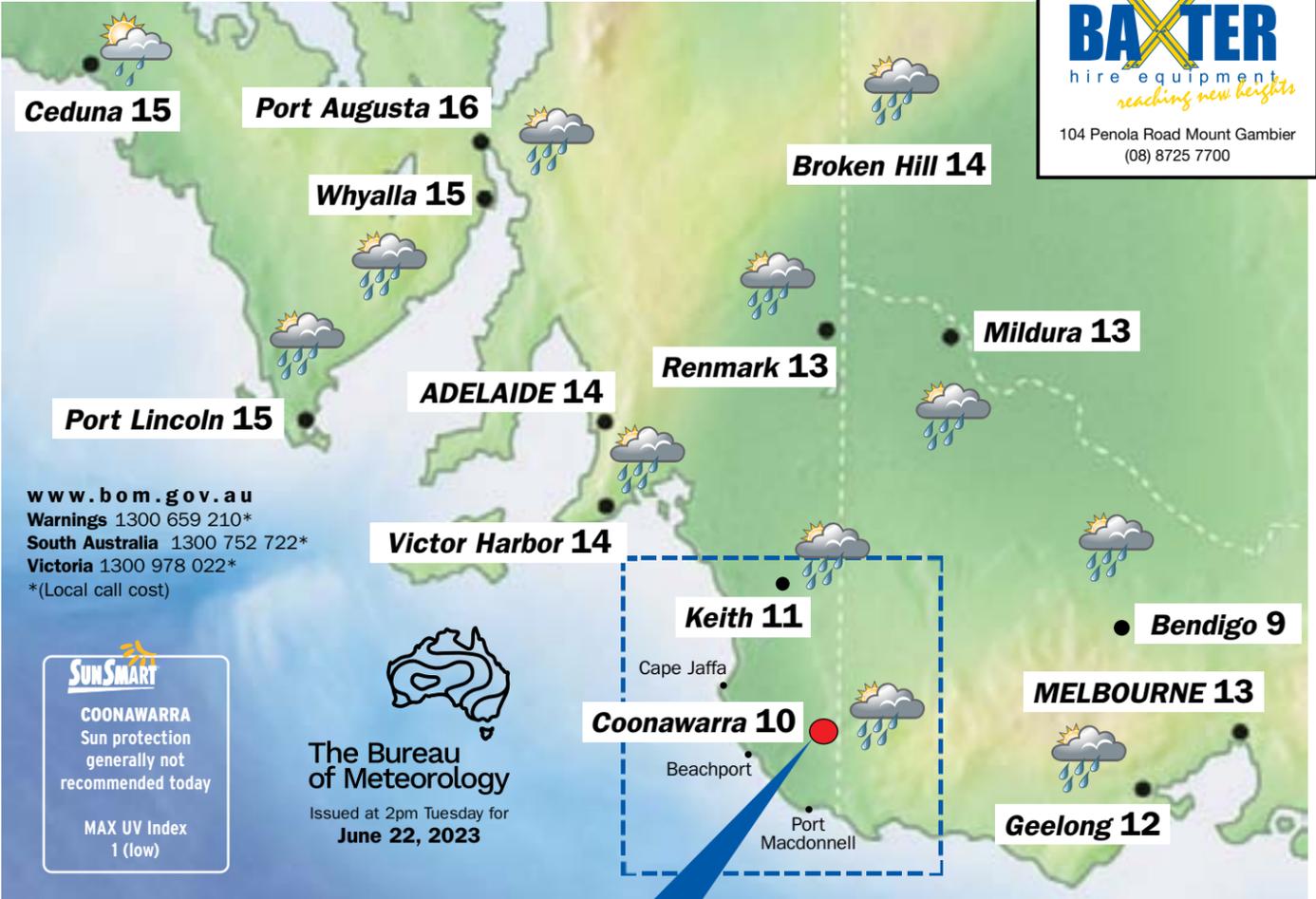
Storm

Showers storm

Windy

Dust

Fog



[www.bom.gov.au](http://www.bom.gov.au)  
Warnings 1300 659 210\*  
South Australia 1300 752 722\*  
Victoria 1300 978 022\*  
\*(Local call cost)



**COONAWARRA**  
Sun protection generally not recommended today

MAX UV Index  
1 (low)

The Bureau of Meteorology  
Issued at 2pm Tuesday for  
**June 22, 2023**

ENJOY YOUR DAY WITH THIS PAGE BROUGHT TO YOU BY

**BAXTER**  
hire equipment  
reaching new heights

104 Penola Road Mount Gambier  
(08) 8725 7700

12467579-0646-20

### COASTAL WATERS

#### South Central Coastal Waters:

Winds: Northerly 15 to 25 knots turning west to northwesterly 15 to 20 knots during the afternoon. Seas: 1 to 2 metres, decreasing to 1 to 1.5 metres during the evening. 1st Swell: Northwest to southwesterly 1.5 to 2.5 metres during the morning. 2nd Swell: East to northeasterly 1 to 1.5 metres, decreasing to around 1 metre during the evening. Weather: Cloudy. Near 100% chance of showers. The chance of a storm.

#### Upper South East Coastal Waters:

Murray Mouth to Cape Jaffa  
Winds: North to northeasterly 20 to 30 knots turning northwesterly 15 to 20 knots during the evening. Seas: 1.5 to 2.5 metres. Swell: Westerly around 1 metre, tending southwesterly 1 to 2 metres during the afternoon or evening. Weather: Cloudy. Near 100% chance of showers.

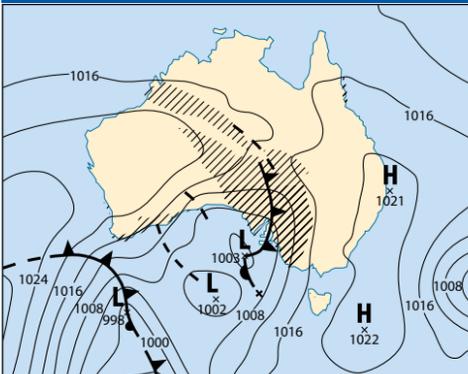
#### Lower South East Coastal Waters:

Cape Jaffa to SA-Vic Border  
Winds: North to northeasterly 20 to 30 knots. Seas: 1.5 to 2.5 metres. Swell: West to northwesterly 1 to 1.5 metres, tending west to southwesterly 1 to 2 metres during the morning. Weather: Cloudy. Near 100% chance of showers.

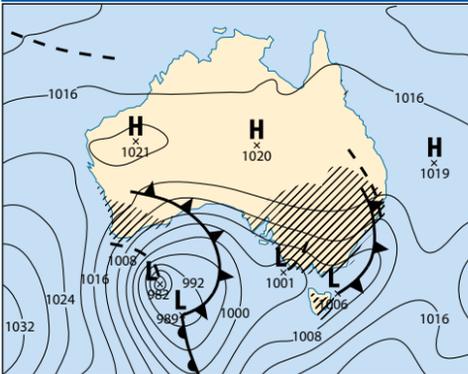
#### West Victoria Coastal Waters:

SA-Vic Border to Cape Otway  
Winds: Northerly 15 to 20 knots turning northeasterly 15 to 25 knots during the morning. Seas: 1 to 1.5 metres, increasing to 1 to 2 metres in the west. Swell: West to southwesterly 1 to 1.5 metres, increasing to 1.5 to 2 metres in the far west during the afternoon. Weather: Cloudy. 90% chance of showers.

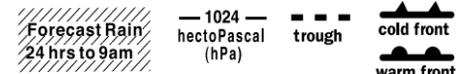
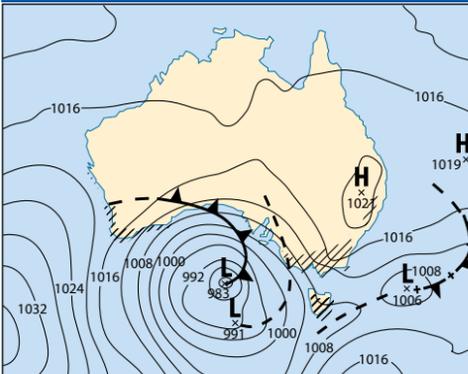
### TODAY 10AM



### TOMORROW 10AM

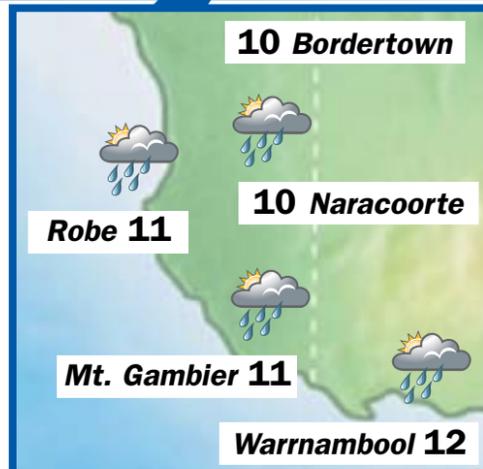


### SATURDAY 10AM



### TIDES

Beachport	
<b>Today:</b>	
H:	12:44am 0.9m
L:	6:43am 0.5m
H:	2:21pm 1.3m
L:	9:25pm 0.8m
<b>Tomorrow:</b>	
H:	1:17am 0.9m
L:	7:14am 0.5m
H:	2:51pm 1.3m
L:	9:51pm 0.8m
<b>Saturday:</b>	
H:	1:54am 0.9m
L:	7:45am 0.6m
H:	3:19pm 1.2m
L:	10:21pm 0.7m
<b>Sunday:</b>	
H:	2:38am 0.8m
L:	8:15am 0.6m
H:	3:47pm 1.1m
L:	10:56pm 0.7m
<b>Monday:</b>	
H:	3:44am 0.8m
L:	8:47am 0.7m
H:	4:11pm 1.0m
L:	11:37pm 0.7m



### THE WORLD

World conditions yesterday			
City	Weather	Max	Min
Athens	fine	31	19
Auckland	windy	17	11
Bangkok	storms	34	25
Beijing	fine	36	19
Berlin	cloudy	30	20
Christchurch	showers	13	5
Denpasar	cloudy	30	23
Dublin	showers	21	13
Hong Kong	showers	33	28
Honolulu	showers	31	23
Jakarta	rain	30	25
Johannesburg	sunny	18	4
Kuala Lumpur	storms	34	25
London	sunny	25	17
Los Angeles	sunny	23	15
Madrid	rain	30	18
Moscow	fine	21	12
New Delhi	rain	38	27
New York	cloudy	21	17
Noumea	sunny	25	18
Paris	rain	25	15
Auckland	windy	17	11
Port Vila	fine	26	18
Seoul	rain	25	20
Singapore	storms	34	26
Suva	showers	27	18
Tel Aviv	fine	25	23
Tokyo	cloudy	28	19
Vancouver	sunny	19	13
Wellington	fine	15	8

### CAPITAL CITIES

City	Condition	Max
Adelaide	Showers.	14
Brisbane	Partly cloudy.	22
Canberra	Frost. Late shower or two.	12
Darwin	Mostly sunny.	31
Hobart	Late shower or two.	12
Melbourne	Showers increasing.	13
Perth	Showers developing.	17
Sydney	Late shower or two.	17

### SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
Thursday	7:21am	4:56pm	10:27am	8:30pm
Friday	7:21am	4:57pm	10:56am	9:30pm
Saturday	7:21am	4:57pm	11:22am	10:28pm
Sunday	7:21am	4:57pm	11:44am	11:26pm
Monday	7:21am	4:57pm	12:07pm	Nil
Tuesday	7:21am	4:58pm	12:29pm	12:25am



# Egg Skirt Dumplings Recipe

**Cook + Prep Time:** 13 mins  
**Serves:** 2

## Ingredients

- 2 eggs
- 12 frozen dumplings of choice
- Soy sauce, chilli oil, sliced spring onion and toasted sesame seeds, to serve

## Method:

1. Whisk eggs and set aside.
2. Place a medium-large frying pan over medium-high heat. Add a little neutral oil and arrange your dumplings in a single layer.
3. Once they begin to sizzle, add ¼ cup of water and place a lid on the pan\*. Cook for 3-4 minutes then remove the lid and let the remaining water evaporate, if any.
4. Pour the eggs between the dumplings and cook for another 3-4 minutes

until set. If the top is still jiggly, pop the lid back on for another minute or two.

5. Slide onto a plate and top with soy sauce, chilli oil, spring onion and toasted sesame seeds.

## Tips & Hints

- If using a pan which doesn't have a lid, you can cover the pan with aluminium foil instead.

Recipe courtesy of Camellia Ling Aebischer and Australian Eggs.

# Mango, feta and Brazil nut salad

**Prep time:** 15 minutes  
**Serves:** 2

**30g NUTS PER SERVE**

## Ingredients

### For the salad

- 100g rocket
- 1 medium sized mango (~180g), diced
- 30g feta
- 60g roasted Brazil nuts
- 1 tsp sesame seeds
- ½ red onion (50g), thinly sliced

- Sprinkle of cracked pepper
- 125g punnet cherry tomatoes, halved
- For the dressing
- 2 tbsp balsamic vinegar
- 1 tbsp avocado oil
- 1 tsp honey
- Salt to taste

### For the dressing

- 2 tbsp balsamic vinegar
- 1 tbsp avocado oil
- 1 tsp honey
- Salt to taste

## Method:

1. In a small bowl, whisk together dressing ingredients.
2. In a large mixing bowl, mix all the salad and dressing ingredients together.

## Tips & Hints

- Pecans and walnuts can be used instead of Brazil nuts.

Recipe developed by Sarah Leung and Amanda Wong for Nuts for Life.



# The Incredible Green Hulk

**Serves:** 4

## Ingredients

- 3 eggs
- 1 cup baby spinach
- 1/2 cup milk - plant based or dairy both work well

- 1 1/2 cups spelt or gluten free flour
- 1 tbsp baking powder
- 2 tsp extra virgin olive oil or coconut oil
- 3-4 boiled eggs, to serve
- 1 avocado, mashed, to serve

## Method:

1. Crack eggs into high speed food processor or blender, followed by baby spinach, milk, flour and baking powder. Blitz until smooth, creamy and green.
2. Heat a frypan on medium heat, add some olive or coconut oil to coat and drop 2 tablespoons of batter into pan to make pancakes.

3. Cook 2 minutes each side, transfer to plate, cover and repeat with remaining mixture.
4. Serve with boiled eggs, mashed avocado and some herbs, sea salt and black pepper for the adults if they wish.

Recipe courtesy of Australian Eggs.

# YOUR WEEKLY TV GUIDE

## PICK OF THE WEEK

### RIPTIDE

10, Wednesday, 8.40pm

Sun, sand and surf go hand-in-hand with in this new soapie-esque mystery thriller. A British and Australian co-production, this four-part drama from Jason Herbison and director Scott Major (*Heartbreak High*), who both cut their teeth behind the scenes on *Neighbours*, is essentially a whodunnit set by the beach. *EastEnders'* Jo Joyner (pictured) and *Neighbours'* Peter O'Brien play a newly married middle-aged couple whose seemingly idyllic life is shattered when O'Brien's Sean disappears after his daily surf. His wife Alison soon suspects something sinister. Filmed in Melbourne, *Riptide* is a by-the-numbers thriller buoyed by its leads' performances.



## WHAT'S ON THE BOX?

### DEAD ASLEEP

SBS Viceland, Thursday, 9.20pm

From director Skye Borgman, who helmed the intriguing doco *Abducted In Plain Sight*, comes this somewhat yawn-worthy case. Borgman zeroes in on the trial of Florida man Randy Herman Jr, who was found guilty of murdering his roommate Brooke (pictured with Herman). There's no shortage of cases like his in America, but what made this one stand out was Herman's bizarre defence that he didn't remember the brutal stabbing because he was sleep-walking.

### THE GREAT HOUSE REVIVAL

SBS, Monday, 8.30pm

"When the tide is in, the view is absolutely mind-blowing," enthuses homeowner Rob Hennessey of his 170-year-old Victorian fixer-upper perched beside the banks of the River Lee. "I fell instantly in love." Viewers will also fall head over heels for this stunning Cork renovation, which sets the bar high for the rest of the third season of this Irish series. Hosted by architect Hugh Wallace (pictured), this charming and stylish show follows the restoration of grand old residences that are past their glory days.

### THE BLACK HAND

ABC TV, Tuesday, 8.30pm

Jump into the heady depths of true crime hidden among Queensland's cane fields in the 1930s. Presented by award-winning actor Anthony LaPaglia (pictured), this is a gripping and unsettling three-part doco that unearths a dark part of the *Lantana* star's family story, as well as a dangerous chapter in Queensland's history. LaPaglia explores the violent reign of the Black Hand - an Italian organised crime gang that operated in Australia's deep north - and the stigma against Italian Australians between the wars. Featuring cases of arson, extortion, kidnapping and murder, it's nonetheless a story grounded in hope and optimism as Australia's new migrants tried to break free from the mafia's grip.



## Thursday, June 22

### ABC TV (2)

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Australian Story. (R) **10.30** That Pacific Sports Show. (R) **11.00** A Dog's World With Tony Armstrong. (R) **12.00** ABC News At Noon. **1.00** Julia Zemiro's Home Delivery. (PG, R) **1.30** Shaun Micallef's MAD AS HELL. (M, R) **2.00** Parliament Question Time. **3.00** Gardening Australia. (R) **4.00** Antiques Roadshow. (R) **5.00** Back Roads. (R) **5.30** Hard Quiz. (PG, R)

### 6.00 The Drum.

**7.00** ABC News.

**7.30** 7.30.

**8.00** Miriam & Alan: Lost In Scotland And Beyond... (Mal) Part 4 of 4.

**8.50** Grand Designs New Zealand.

(R) Hosted by Chris Moller.

**9.35** One Plus One: The Elders.

Dan Bourchier speaks with Ian Hamm.

**10.05** Art Works. (R)

**10.35** ABC Late News.

**10.50** The Business. (R)

**11.10** Flyways: The Story Of Migratory

Shorebirds. (R) **12.05** Q+A. (R) **1.10** Parliament

Question Time. **2.10** Rage. (MA15+adhlsv)

**3.30** Antiques Roadshow. (R) **4.30** The Drum.

(R) **5.30** 7.30. (R)

### ABC TV PLUS (22) 6am Children's

Programs. **6.30pm** Peter Rabbit. **6.45** The

Adventures Of Paddington. **6.55** Shaun The Sheep.

**7.05** Andy's Dinosaur Adventures. **7.20** Bluey.

**7.30** Spicks And Specks. **8.00** To Be Advised.

**8.30** Would I Lie To You? **9.00** Documentary Now!

**9.25** Gruen. **10.05** Penn & Teller: Fool Us. **10.45**

Portlandia. **11.30** Whose Line Is It Anyway? **12.10am**

Doctor Who. **1.05** Would I Lie To You? **1.35** Louis

Theroux: Law And Disorder In Lagos. **2.35** To Be

Advised. **3.35** ABC News Update. **3.40** Close. **5.00**

Buddi. **5.10** Book Hungry Bears. **5.20** Ana Pumpkin.

**5.25** Bing. **5.35** Late Programs.

### NITV (34) 6am Morning Programs. 8.45

Bushwhacked! **9.10** The Magic Canoe. **10.00** Wild

Rockies. **10.50** Living By The Stars. **10.55** High

Arctic Haulers. **11.45** Yokai Footy. **12.40pm** YoThu

Yindi Tribute Concert. **2.00** Shortland St. **2.30**

The Cook Up. **3.00** Molly Of Denali. **3.25** Red Dirt

Riders. **3.40** Aussie Bush Tales. **3.55** Seven Sacred

Laws. **4.00** Barrumbi Kids. **4.30** Spartakus And The

Sun Beneath The Sea. **5.00** Our Stories. **5.30** The

77 Percent. **6.00** Bamay. **6.30** News. **6.40** Wild

Rockies. **7.30** Going Places With Ernie Dingo. **8.30**

The First Inventors. **9.30** MOVIE: Radiance. (1998,

M) **11.00** Late Programs.

### SBS (3)

**6.00** WorldWatch. **9.00** Cook Up Bitesize. (R)

**9.05** 21 Kids And Counting. (PGal, R) **10.00**

Paul O'Grady: For The Love Of Dogs. (PGa, R)

**11.00** Dream Of Italy. (PG) **12.00** WorldWatch.

**2.00** Great Escapes With Morgan Freeman.

(Ma, R) **2.50** Mastermind Aust. (R) **3.20**

Destination Flavour China Bitesize. (R) **3.35**

The Cook Up With Adam Liaw. (PG, R) **4.05**

Henry VIII And The King's Men. (PGa, R) **5.05**

Jeopardy! (R) **5.30** Letters And Numbers. (R)

**6.00** Mastermind Australia. (R)

**6.30** SBS World News.

**7.30** Inside Sydney Airport: Rain. (M)

An incoming flight relays a distress call.

**8.30** Devil's Confession: Lost

Eichmann Tapes: The Hunt. Part 1

of 3. A look at recorded conversations

between Adolf Eichmann and Dutch

Nazi journalist Willem Sassen.

**9.30** Normal People. (MA15+)

Connell and Marianne are together.

**10.20** SBS World News Late.

**10.50** Catch And Release. (Final, MA15+a)

**11.40** Miniseries: The Long Call. (Mals, R) **3.25**

Mastermind Australia. (R) **4.30** Bamay. (R)

**5.00** NHK World English News Morning. **5.30**

ANC Philippines The World Tonight.

### SBS VICELAND (31) 6am TRT World

Newshour. **6.50** Indian Country Today News. **7.20**

Fiji One News. **8.10** ABC America Nightline. **8.40**

CBC The National. **9.30** BBC News At Six. **10.00**

Woman With Gloria Steinem. **11.00** Tattoo Age.

**Noon** Jeopardy! **3.20** BBC News At Ten. **3.50**

ABC World News Tonight With David Muir. **4.15**

PBS NewsHour. **5.15** Only Connect. **5.50** Forged In

Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does

Countdown. **8.30** Beyond Oak Island. **9.20** Dead

Asleep. **11.05** Taskmaster. **1.50am** Tales From The

Territories. **2.45** NHK World English News. **5.00** Al

Jazeera Newshour.

### SBS WORLD MOVIES (32) 6am

This Beautiful Fantastic. (2016, PG) **7.40** Zindagi

Milegi Na Dohara. (2011, PG, Hindi) **10.25** Cordelia.

(2019, M) **12.05pm** A White, White Day. (2019,

M, Icelandic) **2.05** The Eagle Huntress. (2016, PG,

Kazakh) **3.45** The Sound Of Silence. (2019, PG) **5.20**

From Here To Eternity. (1953, PG) **7.30** The Power Of

One. (1992, M) **9.50** The Exception. (2019, MA15+,

Danish) **12.05am** Spotlight. (2015, M) **2.25** In The

Blood. (2016, MA15+, Danish) **4.25** Coherence.

(2013, M)

### SEVEN (6)

**6.00** Sunrise. **9.00** The Morning Show. (PG)

**11.30** Seven Morning News.

**12.00** MOVIE: My Father

Must Die. (2014, Mav, R)

**2.00** Kochie's Business Builders.

**2.30** Border Security:

International. (PG, R)

**3.00** The Chase. (R)

**4.00** Seven News At 4.

**5.00** The Chase Australia.

**6.00** Seven News.

**6.50** Football. AFL. Round 15.

Geelong v Melbourne.

**10.00** AFL Post-Game Show.

A wrap-up of the game, including

panel discussion and interviews, with

access to players, coaches and staff.

**10.30** The Latest: Seven News.

**11.00** Fantasy Island. (Ma) A woman

dreams of being a princess.

**12.00** The Goldbergs. (PGI, R)

Adam questions his career path.

**1.00** Travel Oz. (PG, R)

**2.00** Home Shopping. (R)

**4.00** NBC Today.

**5.00** Seven Early News.

**5.30** Sunrise.

### 7MATE (60) 6am Ultimate Fishing.

**7.00** Step Outside. **7.30** Creek To Coast. **8.00**

America's Game. **9.00** Motor Racing. Supercars

Championship. Round 5. Darwin Triple Crown. Day

2. Highlights. **10.00** American Pickers. **11.00** Pawn

Stars. **Noon** Highway Patrol. **1.00** The Force: BTL.

**2.00** Carnage. **3.00** Billy The Exterminator. **3.30**

Down East Dickering. **4.30** Storage Wars. **5.00**

American Restoration. **5.30** American Pickers. **6.30**

Football. AFL. Round 15. Geelong v Melbourne.

**6.50** Towies. **7.05** Pawn Stars. **7.30** Highway Patrol

Special. **8.30** Britain's Got Talent. **10.30** MOVIE:

Major League II. (1994, PG) **12.45am** Late Programs.

### 7TWO (62) 6am Home Shopping.

**6.30** Escape To The Country. **7.30** Room For

Improvement. **8.00** Harry's Practice. **8.30** Million

Dollar Minute. **9.30** Better Homes And Gardens.

**10.30** Medical Emergency. **11.00** Bowls. Australian

Open. Day 1. **3.30pm** South Aussie With Cosi. **4.00**

Better Homes And Gardens. **5.00** Escape To The

Country. **6.00** Bargain Hunt. **7.00** Home And Away.

**7.30** Father Brown. **8.30** Murdoch Mysteries. **11.30**

What The Killer Did Next. **1.30am** Father Brown.

**2.30** Room For Improvement. **3.00** Better Homes

And Gardens. **4.00** Harry's Practice. **4.30** Million

Dollar Minute. **5.30** James Robison.

### NINE (8)

**6.00** Today.

**9.00** Today Extra. (PG)

**11.30** Morning News.

**12.00** Travel Guides. (PGI, R)

**1.00** Police Rescue Australia. (PGIm, R)

**2.00** Pointless. (PG, R)

**3.00** Tipping Point. (PG)

**4.00** Millionaire Hot Seat. (R)

Hosted by Eddie McGuire.

**5.00** Afternoon News.

**6.00** Nine News.

**7.00** A Current Affair.

**7.30** RBT. (PGal, R) Follows the

activities of police units.

**8.30** Paramedics. (Mm, R) Paramedics

treat a motorbike crash victim who does

not seem to want any painkillers.

**9.30** Casualty 24/7. (Mm) Paramedics

arrive with a lorry driver.

**10.30** A+E After Dark. (Mam, R)

**11.25** Nine News Late.

**11.50** The First 48. (Mav, R) **12.40** Tipping

Point. (PG, R) **1.30** TV Shop: Home Shopping.

(R) **2.30** Global Shop. (R) **3.00** TV Shop:

Home Shopping. (R) **4.00** Believer's Voice Of

Victory. (PGa) **4.30** A Current Affair. (R) **5.00**

News Early Edition. **5.30** Today.

### TEN (5)

**6.00** Freshly Picked. (R) **6.30** My Market

Kitchen. (R) **7.00** Farm To Fork. (R) **7.30**

GCBC. (R) **8.00** Everyday Gourmet. (R) **8.30**

Ent. Tonight. (R) **9.00** Judge Judy. (PG, R)

**9.30** Bold. (PGa, R) **10.00** Studio 10. (PG)

**12.00** 10 News First: Midday. **1.00** Dr Phil.

(PGas) **2.00** MasterChef Aust. (PGa, R) **3.10**

Entertainment Tonight. **3.30** Judge Judy. (PG,

R) **4.00** Good Chef Bad Chef. <

**ABC TV (2)**

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Decoding Danger. (PG, R) **11.05** Australia Remastered: Forces Of Nature. (R) **12.00** ABC News At Noon. **1.00** The Messenger. (Mal, R) **2.00** Gruen. (R) **2.35** The Greek Islands With Julia Bradbury. (PG, R) **3.00** Gardening Australia. (R) **4.00** Antiques Roadshow. (R) **5.00** Back Roads. (R) **5.30** Hard Quiz. (PG, R)

**6.00 The Drum.** Analysis of the day's news. **7.00 ABC News.** A look at the top stories of the day. **7.30 Gardening Australia.** Advice for the home gardener. **8.30 Utopia.** (PG, R) The government stalls on an election promise of the NBA moving to independent status. **9.00 Smother.** (Mlv) Gabriel confesses to Elaine that he was driving her car the night of the accident. **9.50 Mayfair Witches.** (Final, Malsv) Rowan discovers her role in the prophecy. **10.35 ABC Late News.** Coverage of the day's events. **10.50 The Split.** (Mals, R) Hannah and Nathan negotiate their divorce. **11.55 Harrow.** (Mav, R) **1.40 Rage.** (MA15+adhlsv)

**ABC TV PLUS (22)**

**6am** Children's Programs. **7.05pm** Andy's Dinosaur Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Hard Quiz. **8.30 MOVIE:** Home Again. (2017, PG) **10.05** Documentary Now! **10.30** Doctor Who. **11.20** To Be Advised. **11.55** We Hunt Together. **12.40am** To Be Advised. **1.25** Brassic. **2.10** Friday Night Dinner. **2.30** Miniseries: Tipping The Velvet. **3.30** ABC News Update. **3.35** Close. **5.00** Late Programs.

**NITV (34)**

**6am** Morning Programs. **1.30pm** Songlines On Screen. **2.00** Shortland St. **2.30** The Cook Up. **3.00** Jarjums. **3.40** Aussie Bush Tales. **3.55** Seven Sacred Laws. **4.00** Barrumbi Kids. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** NITV News: Nula. **6.00** Bamay. **6.40** Wild Rockies. **7.30** Duckrockers. **8.00** MOVIE: Chitty Chitty Bang Bang. (1968) **10.35** Late Programs.

**SBS (3)**

**6.00** WorldWatch. **9.05** 22 Kids And Counting. (R) **10.00** Paul O'Grady: For The Love Of Dogs. (PGa, R) **11.00** The Lost World Of Joseph Banks. (PG) **12.00** WorldWatch. **2.00** Mastermind Aust. (R) **3.00** NITV News: Nula. **3.30** Destination Flavour China Bitesize. (R) **3.35** The Cook Up. (PG, R) **4.05** Henry VIII And The King's Men. (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

**6.00 Mastermind Australia.** (PG, R) Presented by Marc Fennell. **6.30 SBS World News.** **7.35 New Zealand From A Train.** (PG) Part 2 of 2. **8.30 Greenland: Survival At The Edge.** (PG) Part 2 of 2. Stewart McPherson takes to the ice on dog sled to see how the Inuit hunt. **9.25 Legends Of The Pharaohs: Secrets Of The Sphinx.** (Masv, R) Takes a look at Egypt's most enduring mystery, the riddle of the Great Sphinx of Giza. **10.20 SBS World News Late.** **10.50 Vienna Blood.** (Mav) **12.40 The Investigation.** (Ma, R) **2.25 The Hunt For A Killer.** (Malv, R) **4.10** Mastermind Australia. (R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

**SBS VICELAND (31)**

**6am** WorldWatch. **10.00** Woman. **11.00** Tattoo Age. **Noon** The Curse Of Oak Island Specials. **1.30** Overlooked. **2.00** Dynamo: A-Z. **2.55** Cyberwar. **3.20** WorldWatch. **5.15** Only Connect. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Hoarders. **9.15** Deepfake Porn: Could You Be Next? **10.15** Ina Loves Porn. **11.10** The Good Fight. **12.05am** Late Programs.

**SBS WORLD MOVIES (32)**

**6am** From Here To Eternity. (1953, PG) **8.10** Corpo Celeste. (2011, PG, Italian) **10.00** The Mirror Has Two Faces. (1996) **12.25pm** Spotlight. (2015, M) **2.45** This Beautiful Fantastic. (2016, PG) **4.25** Vai. (2019, PG) **6.05** The Mouse That Roared. (1959) **7.35** The Current War. (2017, M) **9.30** Everybody Hates Johan. (2022, M, Norwegian) **11.20** Predestination. (2014, MA15+) **1.10am** Late Programs.

**SEVEN (6)**

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** MOVIE: Dying To Be Loved. (2016, Mav, R) **2.00** House Of Wellness. (PG) **3.00** The Chase. (R) **4.00** Seven News At 4. **5.00** The Chase Australia.

**6.00** Seven News. **7.00** Football. AFL. Round 15. St Kilda v Brisbane Lions. From Marvel Stadium, Melbourne. **10.00** AFL Post-Game Show. A wrap-up of the game, including panel discussion and interviews, with access to players, coaches and staff. **10.30** Armchair Experts. (M) Adam Cooney, Cam Luke and Georgie Parker present their unique analysis of the week in AFL. **11.30** To Be Advised. **1.00** Travel Oz. (PG, R) Presented by Greg Grainger. **2.00** To Be Advised. **2.30** Home Shopping. (R) **4.00** Million Dollar Minute. (R) Hosted by Grant Denyer. **5.00** NBC Today. News and current affairs.

**7MATE (60)**

**6am** Morning Programs. **10.30** Jabba's School Holiday Movie Special. **11.00** American Pickers. **Noon** Truck Night In America. **2.00** Carnage. **3.00** Timbersports. **3.30** Down East Dickerer. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** AFL: Friday Night Countdown. **7.00** Pawn Stars. **7.30** MOVIE: Fatherhood. (2021, PG) **9.45** MOVIE: Lock Up. (1989, M) **Midnight** Late Programs.

**7TWO (62)**

**6am** Morning Programs. **7.30** Room For Improvement. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** Better Homes. **10.30** The Great Australian Doorstep. **11.00** Bowls. Australian Open. Day 2. **3.30pm** House Of Wellness. **4.30** Medical Emergency. **5.00** Escape To The Country. **6.00** Bargain Hunt. **7.00** Better Homes. **8.30** Escape To The Country. **10.30** The Aussie Property Flippers. **11.30** Late Programs.

**NINE (8)**

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** MOVIE: How To Find Forever. (2022, PGa) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG, R) **4.00** Millionaire Hot Seat. (R) **5.00** Afternoon News.

**6.00** Nine News. **7.00** A Current Affair. **7.30** Country House Hunters Australia. (PG) Hosted by Catriona Rowntree. **8.30** MOVIE: Fracture. (2007, Mlv, R) After murdering his wife, a self-confessed killer wreaks havoc with the prosecution when his case comes to trial. Anthony Hopkins, Ryan Gosling, David Strathairn. **10.50** Emergency Call. (Ma, R) A frightened mother faces an intruder. **11.50** The First 48: Snapshot. (Mav, R) **12.30** Tipping Point. (PG, R) **1.30** TV Shop: Home Shopping. (R) **4.00** Postcards. (PG, R) **4.30** Global Shop. (R) **5.00** TV Shop: Home Shopping. (R) **5.30** Skippy The Bush Kangaroo. (R)

**9GEM (81)**

**6am** Morning Programs. **12.55pm** The Young And The Restless. **1.50** Explore. **2.00** Bondi Vet. **3.00** MOVIE: The Man Who Finally Died. (1963, PG) **5.00** Dr Quinn. **6.00** Antiques Roadshow. **7.00** Rugby League. NRL. Round 17. St George Illawarra Dragons v New Zealand Warriors. **9.25** Golden Point. **10.10** Cricket. Women's Ashes. Test Match. England v Australia. Day 2. Afternoon Session. **2.30am** Late Programs.

**9GO! (82)**

**6am** Children's Programs. **Noon** Family Law. **1.00** That '70s Show. **2.00** Full House. **2.30** MacGyver. **3.30** Raymond. **4.00** The Nanny. **5.00** Bewitched. **5.30** Children's Programs. **5.40** MOVIE: Dr Seuss' The Lorax. (2012) **7.25** Cricket. Women's Ashes. Test Match. England v Australia. Day 2. Morning Session. **10.10** MOVIE: Jurassic Park III. (2001, M) **11.55** Homeland. **1.05am** Race Across The World. **2.20** Late Programs.

**TEN (5)**

**6.00** Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (R) **7.30** GCBC. (R) **8.00** Everyday Gourmet. (R) **8.30** Ent. Tonight. (R) **9.00** Judge Judy. (PG, R) **9.30** Bold. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGa) **2.00** To Be Advised. **3.00** Ent. Tonight. **3.30** Judge Judy. (PG, R) **4.00** GCBC. **4.30** Bold. (PGa) **5.00** News.

**6.30** The Project. A look at the day's news and events. **7.30** Bondi Rescue. (Final, PGan) Bondi hosts 15,000 World Pride Beach Party revellers. **8.30** Have You Been Paying Attention? (Malns, R) Sam Pang and Ed Kavalee are joined by celebrity guests Anne Edmonds, Tim McDonald and Lizzy Hoo to compete to see who can remember the most about events of the week. Hosted by Tom Gleisner. **9.30** The Graham Norton Show. (Mls, R) Guests include Paul Rudd, Michael Douglas, Hugh Jackman, Michael B. Jordan, Dame Judi Dench, Eugene Levy and P!nk. **11.30** The Project. (R) **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Home Shopping. (R)

**10 BOLD (51)**

**6am** Home Shopping. **8.00** Exploring Off The Grid. **8.30** Snap Happy. **9.00** Reel Action. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** NCIS: Los Angeles. **10.20** Star Trek: Discovery. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

**10 PEACH (52)**

**6am** The Late Show With Stephen Colbert. **7.00** Becker. **8.00** Seinfeld. **9.30** The King Of Queens. **10.30** Frasier. **11.30** Becker. **12.30pm** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **8.00** The Big Bang Theory. **9.30** Two And A Half Men. **11.30** Frasier. **Midnight** Shopping. **1.30** Stephen Colbert. **2.30** A Million Little Things. **3.30** Becker. **4.30** Shopping. **5.30** Joseph Prince.

**Peter Rabbit**

**AUSSIE TOYS ONLINE**

Order now on [aussietoysonline.com.au](http://aussietoysonline.com.au)

**ABC TV (2)**

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Rage. (PG) **12.00** ABC News At Noon. **12.25** Smother. (Mlv, R) **1.20** My Name Is Gulpili. (Madl, R) **3.00** Grand Designs Revisited. (R) **3.50** Landline. (R) **4.20** Wing Threads. **4.30** Julia Zemiro's Home Delivery. (PG, R) **5.30** Flyways: The Story Of Migratory Shorebirds. (R)

**6.30** The ABC Of... (PG, R) Hosted by David Wenham. **7.00** ABC News. A look at the top stories of the day. **7.30** Classic 100 In Concert With The Melbourne Symphony Orchestra. The Classic 100 in concert with the Melbourne Symphony Orchestra from Hamer Hall, Melbourne. **9.15** Vera. (Mv, R) After a woman is murdered, her son escapes the attack only to fall through the ice of a frozen pond. **10.45** The Messenger. (Mal, R) Ed questions his sanity. **11.35** Rage. (MA15+adhlsv) Music video clips.

**ABC TV PLUS (22)**

**6am** Children's Programs. **7.20pm** Bluey. **7.30** Spicks And Specks. **8.00** Whose Line Is It Anyway? **8.25** Live At The Apollo. **9.10** The Stand Up Sketch Show. **9.35** Documentary Now! **10.00** Robot Wars. **11.00** Last Woman On The Planet. **Midnight** All My Friends Are Racist. **12.15** Kevin Can F\*\*\* Himself. **1.40** Doctor Who. **2.35** Would I Lie To You? **3.05** Whose Line Is It Anyway? **3.50** Late Programs.

**NITV (34)**

**6am** Morning Programs. **2.15pm** Wild Rockies. **3.05** Dance Ceremony. **3.10** Ngumpin Kartiya. **3.30** Pacific Lockdown: Sea Of Resilience. **4.30** On Australian Shores: Survivor Stories. **5.30** Power To The People. **6.00** Pacific Island Food Revolution. **6.50** News. **7.00** The Last Land: Gespe'gewa'gi. **7.30** Boteti: The Returning River. **8.30** MOVIE: Spiders. (2013, MA15+) **10.05** Late Programs.

**SBS (3)**

**6.00** WorldWatch. **9.00** Destination Flavour China Bitesize. (R) **9.10** Growing A Greener World. (PG) **10.10** Wonderful World Of Baby Animals. (PG) **11.00** Travel Quest. (PG) **12.00** WorldWatch. **2.00** Gymnastics. Artistic World Challenge Cup Series. Round 3. Highlights. **4.00** Where Are You Really From? (PG, R) **5.00** Going Places With Ernie Dingo. (R) **5.30** Auschwitz: The Inside Man.

**6.30** SBS World News. **7.30** The Real Crown: Inside The House Of Windsor: Heirs And Spares. (PG) **8.25** Westminster Abbey: Behind Closed Doors. (Final, PG) Narrated by Simon Callow. **9.20** World's Most Scenic River Journeys: Italy. (R) Narrated by Bill Nighy. **10.15** Then And Now: Heathrow Airport. (PG, R) **11.10** MOVIE: Marley. (2012, Mad, R) **1.40** Miniseries: Hungry Ghosts. (Mahlv, R) **3.40** Mastermind Australia. (R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.15** France 24 Feature. **5.30** ANC Philippines The World Tonight.

**SBS VICELAND (31)**

**6am** WorldWatch. **10.00** Woman. **10.55** Tattoo Age. **11.55** The Curse Of Oak Island Specials. **1.35pm** Jeopardy! **4.05** WorldWatch. **6.00** Monty Python's Flying Circus. **6.35** The Bee Whisperer. **7.35** Impossible Engineering. **8.30** Smoke And Steel: Secrets Of The Modern World. (Premiere) **9.25** Django. **11.35** Story Of Science Fiction. **12.25am** Vikings. **1.20** Hoarders. **3.00** Late Programs.

**SBS WORLD MOVIES (32)**

**6am** Vai. Continued. (2019, PG) **6.40** The Mouse That Roared. (1959) **8.10** English Vinglish. (2012, PG, Hindi) **10.40** The Power Of One. (1992, M) **1pm** Coherence. (2013, M) **2.35** From Here To Eternity. (1953, PG) **4.45** Woman At War. (2018, PG, Icelandic) **6.40** Sirocco. (1951, PG) **8.30** Gone Girl. (2014, MA15+) **11.15** Bang Gang (A Modern Love Story) (2015, MA15+, French) **1am** Late Programs.

**SEVEN (6)**

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** The Morning Show: Weekend. (PG) **12.00** Border Security: Australia's Front Line. (PG, R) **12.30** To Be Advised. **2.00** Football. SANFL. Round 11. South Adelaide v Adelaide. **5.00** Seven News Adelaide. **5.30** Discover With RAA Travel. (PG)

**6.00** Seven News. **6.55** Football. AFL. Round 15. Fremantle v Essendon. From Optus Stadium, Perth. **10.00** AFL Post-Game Show. A wrap-up of the game, including panel discussion and interviews, with access to players, coaches and staff. **10.30** To Be Advised. **12.00** MOVIE: Running Home. (1999, Mv, R) A street kid becomes involved in smuggling. Claudia Christian, Kristian Ayre. **2.00** To Be Advised. **2.30** Home Shopping. **4.00** Get Arty. (R) A showcase of art projects. **5.00** House Of Wellness. (PG, R) A look at locations that highlight living well.

**7MATE (60)**

**6am** Morning Programs. **1pm** Blokesworld. **1.30** The Car Club. **2.00** Motor Racing. Sunraysia Safari 2022. Replay. **3.00** Rides Down Under: Workshop Wars. **4.00** Last Stop Garage. **4.30** Leupu And Pitbull. **5.30** Storage Wars. **6.00** AFL Pre-Game. **6.30** Football. AFL. Round 15. Fremantle v Essendon. **6.55** Border Security. **7.30** MOVIE: Mamma Mia! (2008, PG) **9.50** MOVIE: Air Force One. (1997, M) **12.20am** Late Programs.

**7TWO (62)**

**6am** Home Shopping. **8.30** Travel Oz. **10.00** The Aussie Property Flippers. **11.00** Medical Emergency. **11.30** Horse Racing. Civic Stakes Day. **4.30pm** House Of Wellness. **5.30** Escape To... **6.00** Border Security: International. **6.30** The Highland Vet. **7.30** The Yorkshire Vet. **8.30** Escape To The Country. **9.30** Greatest Escapes To The Country. **10.15** Secrets Of Beautiful Gardens. **11.15** Late Programs.

**NINE (8)**

**6.00** Getaway. (PG, R) **6.30** A Current Affair. (R) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination WA. **12.30** The Pet Rescuers. (PG) **1.00** Mr Mayor. (PG, R) **1.30** 9Honey: He Said She Said. (PGI) **1.40** Parental Guidance. (PGa, R) **4.30** Destination Australia. **5.00** News: First At Five. **5.30** Getaway. (PG)

**6.00** Nine News Saturday. **7.00** A Current Affair. **7.30** MOVIE: Harry Potter And The Deathly Hallows: Part 1. (2010, Mlv, R) Harry searches for the Horcruxes. Daniel Radcliffe, Emma Watson. **10.20** MOVIE: 300: Rise Of An Empire. (2014, MA15+sv, R) A Greek general battles invading Persian forces. Sullivan Stapleton. **12.15** MOVIE: The Dustwalker. (2019, MA15+sv, R) Jolene Anderson. **2.00** The Incredible Journey Presents. (PGa) **2.30** TV Shop: Home Shopping. (R) **4.30** Global Shop. (R) **5.00** TV Shop: Home Shopping. (R) **5.30** Helping Hands. (PG, R)

**9GEM (81)**

**6am** Morning Programs. **10.00** Helping Hands. **10.30** Explore. **10.35** Avengers. **11.45** MOVIE: Will Any Gentleman...? (1953) **1.30pm** MOVIE: Moby Dick. (1956) **4.00** To Be Advised. **6.45** Keeping Up Appearances. **7.25** Cricket. Women's Ashes. Test Match. England v Australia. Day 3. Morning session. **10.10** Cricket. Women's Ashes. Test Match. England v Australia. Day 3. Afternoon session. **2.30am** Late Programs.

**9GO! (82)**

**6am** Children's Programs. **1pm** MOVIE: Pokémon: Mewtwo Strikes Back - Evolution. (2019, PG) **2.55** Motor Racing. Formula E C'ship. Jakarta ePrix. H'lights. **4.00** Motor Racing. Formula E C'ship. Jakarta ePrix. H'lights. **5.00** Go On. **5.30** MOVIE: Ella Enchanted. (2004, PG) **7.30** MOVIE: The Hunger Games: Catching Fire. (2013, M) **10.30** MOVIE: Mortal Kombat. (2021, MA15+) **12.30am** Late Programs.

**TEN (5)**

**6am** Morning Programs. **8.00** Everyday Gourmet. (R) **8.30** What's Up Down Under. (R) **9.00** GCBC. (R) **9.30** Farm To Fork. (PG, R) **10.00** St10. (PG) **12.00** To Be Advised. **1.00** My Market Kitchen. (PG, R) **1.30** Buy To Build. **2.00** Pooches At Play. (Return, PGa) **2.30** Destination Dessert. (R) **3.00** What's Up Down Under. **3.30** GCBC. (R) **4.00** My Market Kitchen. **4.30** Taste Of Aust. (R) **5.00** News.

**6.00** Bondi Rescue. (PGan, R) **6.30** The Dog House. (Final, PGa) Dogs are matched with companions. **7.30** The Dog House Australia. (PGa, R) Narrated by Dr Chris Brown. **8.30** Blue Bloods. (Mv) Jamie searches for the arsonist responsible for a fire that destroys all Danny's evidence against a cartel leader. **9.30** CSI: Vegas. (Mav) A wrongly-accused former suspect enters the lab covered in blood, wielding a cleaver and looking for Allie Rajan. **10.30** The Cheap Seats. (Mal, R) **11.30** So Help Me Todd. (PG, R) **12.30** Home Shopping. (R) **5.00** Hour Of Power.

**10 BOLD (51)**

**6am** Home Shopping. **9.00** Waltzing Jimeoin. **9.30** Diagnosis Murder. **11.30** Buy To Build. **Noon** Escape Fishing With ET. **12.30** Campdrafting. Gold Buckle World Championship. **1.00** Jake And The Fatman. **2.00** The First Inventors. **3.00** JAG. **5.00** Escape Fishing With ET. **5.30** JAG. **7.30** NCIS. **9.25** 48 Hours. **11.15** SEAL Team. **12.15am** In The Dark. **1.10** Star Trek: Discovery. **2.05** Late Programs.

**10 PEACH (52)**

**6am** The Late Show With Stephen Colbert. **7.00** The King Of Queens. **8.00** Frasier. **9.00** Becker. **10.00** Friends. **11.30** The King Of Queens. **12.30pm** Frasier. **1.00** The Middle. **2.00** MasterChef Australia. **6.00** The Big Bang Theory. **10.15** Friends. **12.15am** Home Shopping. **1.45** The Late Show With Stephen Colbert. **2.40** Charmed. **3.35** A Million Little Things. **4.30** Home Shopping.

**ABC TV (2)**

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** World This Week. (R) **11.00** Compass. (R) **11.30** Praise. **12.00** News. **12.30** Landline. **1.30** Gardening Aust. (R) **2.30** London Zoo: An Extraordinary Year. (R) **3.15** Miriam & Alan: Lost In Scotland And Beyond... (PGal, R) **4.05** Grand Designs New Zealand. (R) **5.00** Art Works. **5.30** Fake Or Fortune?

**6.30 Compass: Sacred Space - The Franciscan Of Parramatta.**

A look at Vincent Long.  
**7.00 ABC News.** A look at the top stories of the day.  
**7.30 Grand Designs Revisited.** (PG) Part 2 of 4.  
**8.20 Silent Witness.** (Mal) The death of an investigative journalist throws the spotlight onto Sam Ryan.  
**9.20 The Messenger.** (Malv) When Ed puts his best mates on the ace of hearts, he's shocked to learn how little he really knows about those he loves most.  
**10.10 In Limbo.** (Mal, R) Charlie pursues the money trail.  
**10.40 Mayfair Witches.** (Final, Malsv, R)  
**11.20 Small Axe.** (MA15+I)  
**1.30 Rage.** (MA15+adhlnsv)  
**3.05** The Heights. (PG, R) **5.00** Insiders. (R)

**ABC TV PLUS (22)**

**6am** Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Andy's Wild Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** You Can't Ask That. **8.30** Louis Theroux: Shooting Joe Exotic. **10.05** Vera. **11.35** Life That Glows. **12.35am** To Be Advised. **2.40** George Clarke's Amazing Spaces. **3.30** ABC News Update. **3.35** Close. **5.00** Buddi. **5.10** Book Hungry Bears. **5.20** Ana Pumpkin. **5.25** Bing. **5.35** Late Programs.

**NITV (34)**

**6am** Morning Programs. **2.15pm** Rugby Union. Ella 7s. Replay. **2.40** Football. NTLF. Women's. Under-18s. Replay. **3.45** Football. NTLF. Men's. Under-18s. Round 15. Palmerston v St Mary's. Replay. **5.05** Bamay. **5.50** Going Native. **6.20** News. **6.30** Wild New Zealand. **7.30** Sweet Black Film: The Birth Of A Black Hero. **8.30** White Riot. **10.00** MOVIE: Limbo. (2020, M) **11.50** Late Programs.

**SBS (3)**

**6.00** WorldWatch. **9.00** Destination Flavour China Bitesize. (R) **9.10** Growing A Greener World. **10.10** Wonderful World Of Baby Animals. (PG) **11.00** Travel Quest. (PG) **12.00** WorldWatch. **12.30** Motorcycle Racing. ProMX Championship. Round 6. **3.30** WorldWatch. **4.00** Where Are You Really From? (PG, R) **5.05** Going Places. (PG, R) **5.35** The Day Hitler Died. (PGa, R)

**6.30 SBS World News.**

**7.30 Queens Of Ancient Egypt.** Part 1 of 3. Takes a look at the Egyptian Queen Tiye who, more than 3000 years ago, became a goddess on Earth.  
**10.30 Patagonia: A Year In The Wild.** (Final) Narrated by Pedro Pascal.  
**11.20 Secrets Of Playboy: The Shadow Mansions.** (MA15+a, R) A look at "shadow" mansions.  
**2.40 Exit.** (MA15+ads, R) Four men search for an escape.  
**3.35 Mastermind Australia.** (R)  
**4.35 Bamay: Murrumbidgee River - Wiradjuri Country.** (R)  
**5.00 NHK World English News Morning.**  
**5.15 France 24 Feature.**  
**5.30 Al Jazeera News.**

**SBS VICELAND (31)**

**6am** WorldWatch. **9.30** Small Business Secrets. **10.00** Woman. **11.00** Tattoo Age. **Noon** The Curse Of Oak Island Specials. **12.55** Curse Of Oak Island. **1.40** Jeopardy! **2.55** Lee Lin Chin's Fashionista. **3.05** WorldWatch. **3.35** Dynamo: Live. **4.55** Domino Masters. **6.45** The Engineering That Built The World. (Final) **7.35** Abandoned Engineering. **8.30** Fast And Furious Face-Off. **9.25** True Crime Scene. **10.20** Late Programs.

**SBS WORLD MOVIES (32)**

**6am** Morning Programs. **6.55** Sirocco. (1951, PG) **8.45** Vai. (2019, PG) **10.25** The Current War. (2017, M) **12.20pm** Everybody Hates Johan. (2022, M, Norwegian) **2.05** The Movie Show. **2.40** The Mouse That Roared. (1959) **4.10** English Vinglish. (2012, PG, Hindi) **6.40** Midnight In Paris. (2011, PG) **8.30** Spin Me Round. (2022) **10.30** T2 Trainspotting. (2017, MA15+) **12.40am** Late Programs.

**SEVEN (6)**

**6.00** Better Homes And Gardens. (R) **7.00** Weekend Sunrise. **10.00** The Morning Show: Weekend. (PG) **12.00** House Of Wellness. (PG, R) **1.00** Better Homes And Gardens. (R) **2.00** Border Security: International. (PG, R) **2.30** Border Security: Australia's Front Line. (PG, R) **3.00** The Crows Show. **3.30** Football. AFL. Round 15. Collingwood v Adelaide. From the MCG.

**6.00 Seven News.**

**7.00 Dancing With The Stars.** Celebrities show off their dance skills.  
**8.45 7NEWS Spotlight.** An exclusive, special investigation.  
**9.45 The Latest: Seven News.**  
**10.15 Born To Kill? Sean Vincent Gillis - The Other Baton Rouge Killer.** (MA15+av) Takes a look at Sean Gillis.  
**11.15 Autopsy USA: Gregg Allman.** (MA15+ad) Takes a look at Gregg Allman's death.  
**12.15 All Together Now - The 100.** (PG, R) Hosted by Julia Zemiro.  
**1.30 Harry's Practice.** (R)  
**2.00 Home Shopping.** (R)  
**3.30 Million Dollar Minute.** (R)  
**4.00 NBC Today.**  
**5.00 Seven Early News.**  
**5.30 Sunrise.**

**7MATE (60)**

**6am** Morning Programs. **11.00** Pawn Stars. **11.30** Fish Of The Day. **Noon** The Fishing Show By AFN. **1.00** ITM Fishing. **1.30** Fishy Business. **2.00** Al McGlashan's Fish'n With Mates. **2.30** Step Outside. **3.00** Fishing Addiction. **4.00** Big Shrimpin'. **5.00** Aussie Lobster Men. **6.00** Border Security: America's Front Line. **7.00** Border Security. **8.30** MOVIE: F9: The Fast Saga. (2021, M) **11.20** Late Programs.

**7TWO (62)**

**6am** Morning Programs. **10.00** House Of Wellness. **11.00** Greatest Escapes To The Country. **Noon** Escape To The Country. **1.00** The Surgery Ship. **2.00** South Aussie With Cosi. **2.30** Discover With RAA Travel. **3.00** Secrets Of Beautiful Gardens. **4.00** The Yorkshire Vet. **6.00** Escape To The Country. **7.00** Vicar Of Dibley. **8.15** Mrs Brown's Boys. **9.50** Martin Clunes: Islands Of The Pacific. **10.50** Late Programs.

**NINE (8)**

**6.00** Fishing Australia. (R) **6.30** A Current Affair. (R) **7.00** Weekend Today. **10.00** The AFL Sunday Footy Show. (PG) **12.00** Sports Sunday. (PG) **1.00** Drive TV. **1.30** Bondi Lifeguard World Adventures. (PG, R) **2.00** Explore. (R) **2.05** Parental Guidance. (PGal, R) **3.50** David Attenborough's A Perfect Planet. (PG) **5.00** News: First At Five. **5.30** Hello SA. (PG)

**6.00 Nine News Sunday.**

**7.00 Warnie.** (PGal) Part 1 of 2.  
**8.30 60 Minutes.** Current affairs program, investigating, analysing and uncovering the issues affecting all Australians.  
**9.30 Nine News Late.** Takes a look at the latest news and events from Australia and around the world.  
**10.00 Australian Crime Stories: Mr Cruel.** (Mav, R) A look at the serial predator Mr Cruel.  
**11.00 The First 48: Predator.** (MA15+a)  
**11.50 Law & Order: Organized Crime.** (MA15+v, R)  
**12.40 Family Law.** (Mas, R)  
**1.30 TV Shop: Home Shopping.** (R)  
**4.00 Believer's Voice Of Victory.** (PGa)  
**4.30** Take Two. (R) **5.00** News Early Edition. **5.30** Today.

**9GEM (81)**

**6am** Morning Programs. **2.30pm** Rugby League. NRL. South Sydney Rabbitohs v North Qld Cowboys. **5.30** M\*A\*S\*H. **7.25** Cricket. Women's Ashes. Test Match. England v Australia. Day 4. Morning session. (Please note: alternative schedule may be shown due to changes to cricket coverage). **10.10** Cricket. Women's Ashes. Test Match. England v Australia. Day 4. Afternoon session. **2.30am** Late Programs.

**9GO! (82)**

**6am** Children's Programs. **1.30pm** Galavant. **2.00** Starting Up. Starting Over. **3.00** To Be Advised. **4.00** Top Chef. **5.10** Children's Programs. **5.20** MOVIE: Space Jam. (1996, PG) **7.00** MOVIE: Back To The Future. (1985, PG) **9.20** MOVIE: Back To The Future Part II. (1989, PG) **11.30** Killjoys. **12.20am** Top Chef. **1.30** Starting Up. Starting Over. **2.30** Surfing Australia TV. **3.00** Teen Titans Go! **3.30** Late Programs.

**TEN (5)**

**6am** Morning Programs. **8.00** Everyday Gourmet. (R) **8.30** Freshly Picked. (R) **9.00** GCBC. (R) **9.30** Australia By Design: Innovations. (PG, R) **10.00** St10. (PG) **12.00** MasterChef Aust. (PGal, R) **1.10** Everyday Gourmet. (R) **1.30** Bondi Rescue. (PGal, R) **2.00** Luxury Escapes. (R) **2.30** My Market Kitchen. (R) **3.00** Offroad Adv. (PG, R) **4.00** GCBC. (R) **4.30** Farm To Fork. (R) **5.00** News.

**6.30 The Sunday Project.**

A look at the day's news.  
**7.30 MasterChef Australia.** (PGal) The contestants must cook a dish that highlights a particular colour to impress the judges and avoid elimination.  
**9.00 FBI.** (Mv) As the FBI investigates a deadly robbery that garnered a cache of automatic weapons for the killers, the team discovers one of the perpetrators is a classmate of Jubal's son, who is reluctant to cooperate.  
**10.00 NCIS: Hawai'i.** (Mv, R) Jane is shocked when she learns a troubling truth and enlists her team and Whistler to prove her findings.  
**11.00 The Sunday Project.** (R) A look at the day's news.  
**12.00 Home Shopping.** (R)  
**4.30** CBS Mornings.

**10 BOLD (51)**

**6am** Home Shopping. **7.30** Key Of David. **8.00** Exploring Off The Grid. **9.00** Pat Callinan's 4x4 Adventures. **10.00** Escape Fishing With ET. **11.00** Roads Less Travelled. **Noon** JAG. **2.00** Camper Deals. **2.30** Reel Action. **3.30** Buy To Build Australia. **4.00** Pooches At Play. **4.30** What's Up Down Under. **5.00** iFish. **5.30** JAG. **7.30** NCIS. **10.20** MOVIE: 21 Bridges. (2019, MA15+) **12.20am** SEAL Team. **1.15** In The Dark. **2.10** Late Programs.

**10 PEACH (52)**

**6am** Friends. **8.30** The Big Bang Theory. **10.20** MasterChef Australia. **11.30** Friends. **3.30pm** The Big Bang Theory. **4.30** The Middle. **6.00** The Big Bang Theory. **9.00** Friends. **Midnight** Home Shopping. **1.30** MOVIE: Charming. (2018) **3.10** Friends. **3.35** A Million Little Things. **4.30** Home Shopping.

**ABC TV (2)**

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Landline. (R) **11.00** Fake Or Fortune? (R) **12.00** ABC News At Noon. **1.00 Queen Of Oz.** (Ml, R) **1.30** Vera. (Mav, R) **3.00** Gardening Australia. (R) **4.00** Antiques Roadshow. (R) **5.00** Back Roads. (R) **5.30** Hard Quiz. (PG, R)

**6.00 The Drum.**

**7.00 ABC News.**  
**7.30 7.30.**  
**8.00 Australian Story.** Presented by Leigh Sales.  
**8.30 Four Corners.** Investigative journalism program.  
**9.15 Media Watch.** (PG) Hosted by Paul Barry.  
**9.35 Jonestown: Terror In The Jungle: Making Of A Madman.** (Ma, R) Part 1 of 4.  
**10.15** China Tonight. (R)  
**10.50** ABC Late News. **11.05** The Business. (R)  
**11.20** The Split. (Mals, R) **12.20** Father Brown. (Final, Mv, R) **1.05** Rage. (MA15+adhlnsv) **3.30** Antiques Roadshow. (R) **4.30** The Drum. (R) **5.30** 7.30. (R)

**ABC TV PLUS (22)**

**6am** Children's Programs. **7.20pm** Bluey. **7.30** Spicks And Specks. **8.00** The Penguin King With David Attenborough. **9.00** George Clarke's Amazing Spaces. **9.45** Julia Zemiro's Home Delivery. **10.20** Louis Theroux: Shooting Joe Exotic. **11.50** Documentary Now! **1am** The Making Of The Penguin King With David Attenborough. **1.50** Ghosts. **2.25** Last Woman On The Planet. **3.25** Close. **5.00** Late Programs.

**NITV (34)**

**6am** Morning Programs. **1.30pm** Going Native. **2.00** Shortland St. **2.30** The Cook Up. **3.00** Jarjums. **3.25** Red Dirt Riders. **3.40** Aussie Bush Tales. **3.55** Seven Sacred Laws. **4.00** Barrumbi Kids. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** APTN National News. **6.00** Bamay. **6.30** Arctic Secrets. **7.30** Every Family Has A Secret. **8.30** Living Black. **9.00** MOVIE: Zappa. (2020, MA15+) **11.10** Late Programs.

**SBS (3)**

**6.00** WorldWatch. **9.15** 22 Kids And Counting. (PGI, R) **10.10** Paul O'Grady: For The Love Of Dogs. (PGa, R) **11.10** The Lost World Of Joseph Banks. (PG) **12.10** WorldWatch. **2.00** Destination Flavour China. (R) **2.10** Great Escapes With Morgan Freeman. (Mav, R) **3.00** Mastermind Aust. (R) **3.30** The Cook Up. (R) **4.05** Henry VIII And The King's Men. (R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

**6.00 Mastermind Australia.** (R)

**6.30 SBS World News.**  
**7.30 Legends End: The Loch Ness Monster Story.**  
**8.30 The Great House Revival: Passage West, Co Cork.** (Return) Presented by Hugh Wallace.  
**9.30 24 Hours In Emergency: Husbands And Wives.** (M) A 74-year-old has suspected sepsis.  
**10.25** SBS World News Late.  
**10.55** Miniseries: Bonnie And Clyde. (MA15+Isv)  
**11.25** Antidisturbios. (MA15+av, R)  
**1.35** Cargo. (MA15+alv, R) **3.25** Mastermind Australia. (R) **4.25** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

**SBS VICELAND (31)**

**6am** WorldWatch. **9.30** Small Business Secrets. **10.00** It's Suppertime! **11.00** Tattoo Age. **11.55** MOVIE: Marley. (2012, M) **2.35pm** Insight. **3.35** WorldWatch. **5.15** Only Connect. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Taskmaster. **10.20** Most Expensivest. **11.15** Yokayai Footy. **12.10am** King Of The Road. **1.00** Dynamo: Magician Impossible. **2.50** Late Programs.

**SBS WORLD MOVIES (32)**

**6am** English Vinglish. Continued. (2012, PG, Hindi) **7.25** Midnight In Paris. (2011, PG) **9.15** The Perfect Candidate. (2019, PG, Arabic) **11.10** Capernaum. (2018, M, Lebanese Arabic) **1.30pm** Sirocco. (1951, PG) **3.25** Polina. (2016, PG, French) **5.25** Spread Your Wings. (2019, PG) **7.30** Commitment Hasan. (2021, M, Turkish) **10.15** 22 Bullets. (2010, MA15+, French) **12.20am** Late Programs.

**SEVEN (6)**

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** To Be Advised. **1.30** The Rookie. (Mv, R) **2.30** Border Security: International. (PG, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

**6.00 Seven News.**

**7.00 Home And Away.** (PGa)  
**7.30 Million Dollar Island.** (PG) Hosted by Ant Middleton.  
**9.00 9-1-1.** (Final, Ma) A series of freeway car accidents leads to a catastrophic overpass collapse.  
**10.00 9-1-1: Lone Star.** (Mav) Marjan is targeted by a killer.  
**11.00 The Latest: Seven News.**  
**11.30 The Blacklist.** (Mav)  
**12.30 Karchie's Business Builders.** (R)  
**1.00** Travel Oz. (PG, R)  
**2.00** Home Shopping. (R)  
**4.00** NBC Today.  
**5.00** Seven Early News. **5.30** Sunrise.

**7MATE (60)**

**6am** Morning Programs. **11.00** Border Security: America's Front Line. **Noon** Border Security. **1.30** Rides Down Under: Workshop Wars. **2.30** Motor Racing. Repco Supercars Support. Carrera Cup. Highlights. **3.30** Full Custom Garage. **5.30** American Pickers: Best Of. **6.30** Pawn Stars. **7.30** Counting Cars. **8.30** MOVIE: Rambo: First Blood 2. (1985, M) **10.35** MOVIE: Tango & Cash. (1989, M) **12.45am** Late Programs.

**7TWO (62)**

**6am** Morning Programs. **7.30** Room For Improvement. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** NBC Today. **10.30** Better Homes. **1pm** Business Builders. **1.30** Escape To... **2.00** Weekender. **2.30** The Yorkshire Vet. **3.30** Room For Improvement. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. **8.30** Inspector Morse. **10.50** Late Programs.

**NINE (8)**

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Warnie. (PGal, R) **1.30** Getaway. (PG, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

**6.00 Nine News.**

**7.00 A Current Affair.**  
**7.30 Warnie.** (Mals) Part 2 of 2.  
**9.00 Police Rescue Australia.** (Ma) Police Rescue officers risk their lives.  
**10.00** Nine News Late.  
**10.30** Footy Classified. (M)  
**11.30** Mr Mayor. (PG)  
**11.50** Manhunt: The Railway Murders. (MA15+av, R)  
**12.40** Tipping Point. (PG, R) **1.30** TV Shop: Home Shopping. (R) **2.30** Global Shop. (R) **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

**9GEM (81)**

**6am** Morning Programs. **1.50pm** Explore. **2.00** Bondi Vet. **3.00** Antiques Roadshow. **3.30** MOVIE: Went The Day Well? (1942, PG) **5.25** Dr Quinn. **6.25** Antiques Roadshow. **7.25** Cricket. Women's Ashes. Test Match. England v Australia. Day 5. Morning session. (Please note: alternative schedule may be shown due to changes to cricket coverage). **10.10** Late Programs.

**9GO! (82)**

**6am** Children's Programs. **Noon** How To Build A Motor Car. **1.00** Life Unexpected. (Premiere) **2.00** Full House. **2.30** MacGyver. **3.30** Raymond. **4.00** The Nanny. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** That '70s Show. **7.00** Young Sheldon. **7.30** RBT. **8.30** MOVIE: Back To The Future Part III. (1990, PG) **10.50** Young Sheldon. **11.20** Homeland. **12.20am** Late Programs.

**TEN (5)**

**6.00** Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (R) **7.30** GCBC. (R) **8.00** Everyday Gourmet. (R) **8.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **10.20** In The Dark. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

**6.30 The Project.**

A look at the day's news and events.  
**7.30 MasterChef Australia.** (PGal) Contestants cook with every ingredient in a box.  
**8.40 Have You Been Paying Attention?** (Mains) Celebrity panellists include Kitty Flanagan, Ray O'Leary and Bron Lewis.  
**9.40 Just For Laughs Australia.** (MA15+Isv) Hosted by Nath Valvo.  
**10.10** FBI: Most Wanted. (Mav) The team searches for a missing migrant teenager.  
**12.00** The Project. (R)  
**1.00** The Late Show With Stephen Colbert. (PG)  
**2.00** Home Shopping. (R)  
**4.30** CBS Mornings.

**10 BOLD (51)**

**6am** Home Shopping. **8.00** Exploring Off The Grid. **8.30** Snap Happy. **9.00** Reel Action. **9.30** iFish. **10.30** JAG. **12.30pm** NCIS. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **10.20** In The Dark. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

**10 PEACH (5**

ABC TV (2)

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Dream Gardens. (R) **10.30** Outback Ringer. (PG, R) **11.00** Kumi's Japan. (R) **12.00** ABC News At Noon. **1.00** Grantchester. (Mv, R) **2.00** Nigella's Cook, Eat, Repeat. (R) **2.30** Julia Zemiro's Home Delivery. (PG, R) **3.00** Gardening Australia. (R) **4.00** Antiques Roadshow. (R) **5.00** Back Roads. (R) **5.30** Hard Quiz. (PG, R)

**6.00** The Drum. **7.00** ABC News. **7.30-7.30**. Presented by Sarah Ferguson. **8.00** The ABC Of... (Final, MI) Hosted by David Wenham. **8.30** The Black Hand. (MA15+v) Part 1 of 3. Anthony LaPaglia explores the reign of the Black Hand, an Italian criminal gang in Australia's deep north. **9.30** Louis Theroux Interviews... Stormzy. (MI, R) Louis Theroux chats with Stormzy. **10.15** ABC Late News. **10.30** The Business. (R) **10.50** Four Corners. (R) **11.35** Media Watch. (PG, R) **11.55** Jonestown: Terror In The Jungle. (Ma, R) **12.35** Rage. (MA15+adhlnsv) **3.30** Antiques Roadshow. (R) **4.30** The Drum. (R) **5.30** 7.30. (R)

**ABC TV PLUS (22)** **6am** Children's Programs. **7.05pm** Andy's Wild Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **9.00** To Be Advised. **9.45** Ghosts. **10.15** In Limbo. **10.45** Would I Lie To You? **11.15** Friday Night Dinner. **11.40** Brassic. **12.25am** QI. **1.00** Penn & Teller: Fool Us. **1.40** Whose Line Is It Anyway? **2.00** ABC News Update. **2.05** Close. **5.00** Buddi. **5.10** Book Hungry Bears. **5.20** Late Programs.

**NITV (34)** **6am** Morning Programs. **1.40pm** Good Fire Bad Fire. **2.00** Shortland St. **2.30** The Cook Up. **3.00** Jarjums. **3.55** Seven Sacred Laws. **4.00** Barrumbi Kids. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Indian Country Today News. **6.00** Bamay. **6.30** News. **6.40** Arctic Secrets. **7.30** The Point: Referendum Road Trip. **8.30** Over The Black Dot. **9.00** MOVIE: Indisious. (2010, M) **10.45** Late Programs.

SBS (3)

**6.00** WorldWatch. **9.05** 22 Kids And Counting. (PGa, R) **10.00** Paul O'Grady: For The Love Of Dogs. (PGa, R) **11.00** The Lost World Of Joseph Banks. (PG) **11.30** The Story Of Coffee. (Premiere) **12.00** WorldWatch. **2.10** Great Escapes With Morgan Freeman. (Mad, R) **3.00** Living Black. (R) **3.40** The Cook Up. (PG, R) **4.10** The Supervet. (PG) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

**6.00** Mastermind Australia. (R) **6.30** SBS World News. **7.30** Great Coastal Railway Journeys: Douglas To Port Erin. (Return) Hosted by Michael Portillo. **8.30** Insight. Kumi Taguchi takes a look at what drives us to take or ignore advice, and what the consequences are. **9.30** Dateline: The Best Place To Have A Baby? Presented by Janice Petersen. **10.00** SBS World News Late. **10.30** The Point: Referendum Road Trip. (R) **11.30** Pandore. (Mls) **12.25** Hope. (MA15+av) **1.25** Partisan. (Malv, R) **3.15** Miniseries: The Walk-In. (Mal, R) **4.10** Mastermind Australia. (R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

**SBS VICELAND (31)** **6am** WorldWatch. **10.00** It's Suppertime! **11.00** One Star Reviews. **Noon** MOVIE: The Final Quarter. (2019, PG) **1.30** Taskmaster Norway. **3.20** WorldWatch. **5.15** Only Connect. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Alone. **9.40** Couples Therapy. **10.45** Super Maximum Retro Show. **11.10** Hoarders. **1.40am** Jack The Ripper: Hidden Victims. **2.35** Late Programs.

**SBS WORLD MOVIES (32)** **6am** Spread Your Wings. (2019, PG) **8.05** Polina. (2016, PG, French) **10.05** Dust-Man. (2020, M, Korean) **11.45** Dreamfools. (2018, M, Italian) **1.40pm** Midnight In Paris. (2011, PG) **3.30** The Perfect Candidate. (2019, PG, Arabic) **5.30** The Chaperone. (2018, PG) **7.30** Made In Dagenham. (2010, M) **9.35** The Long Good Friday. (1980, MA15+) **11.40** Late Programs.

SEVEN (6)

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** MOVIE: Fugitive At 17. (2012, Madv, R) **2.00** The Rookie: Feds. (Mv, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

**6.00** Seven News. **7.00** Home And Away. (PGa) **7.30** Million Dollar Island. (PGI) One hundred Australians, each with a bracelet worth \$10,000, land on a remote island. **9.00** The Rookie. (Mv) Nolan and Celina witness a shooting and realise the victim was already dead. **10.00** The Rookie: Feds. (Mv) Simone and Carter uncover a terrorist's plan. **11.00** The Latest: Seven News. **11.30** The Blacklist. (Mav) The task force investigates a contraband smuggler. **12.30** S.W.A.T. (Mv, R) **1.30** Harry's Practice. (R) **2.00** Home Shopping. (R) **4.00** NBC Today. **5.00** Seven Early News. **5.30** Sunrise.

**7MATE (60)** **6am** Morning Programs. **11.00** Pawn Stars. **Noon** Counting Cars. **1.00** Full Custom Garage. **2.00** Carnage. **3.00** Billy The Exterminator. **3.30** Down East Dicker. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers: Best Of. **6.30** Pawn Stars. **7.30** Outback Truckers. **8.30** Outback Truckers: Best Of. **9.30** Aussie Salvage Squad. **10.30** Railroad Australia. **11.30** Late Programs.

**7TWO (62)** **6am** Morning Programs. **8.30** Million Dollar Minute. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** Creek To Coast. **2.30** Air Crash Investigations: Special Report. **3.30** Room For Improvement. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Call The Midwife. **8.45** The Inspector Lynley Mysteries. **10.45** Late Programs.

NINE (8)

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Warmie. (Mals, R) **1.30** Mr Mayor. (PG, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

**6.00** Nine News. **7.00** A Current Affair. **7.30** The Longest Feud: Chappell v Botham. (MI) Cricket legends Ian Chappell and Ian Botham are brought together. **8.30** To Be Advised. **10.00** Nine News Late. A look at the latest news and events. **10.30** Chicago Med. (MA15+am) Crockett worries he made a surgical error. **11.20** See No Evil: Seeing Red. (Ma) Police are called to the scene of a traffic accident. **12.10** Court Cam. (Mv) **12.40** Tipping Point. (PG, R) **1.30** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

**9GEM (81)** **6am** TV Shop. **7.00** Creflo. **7.30** TV Shop. **9.30** Newstyle Direct. **10.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Bondi Vet. **2.50** Antiques Roadshow. **3.20** MOVIE: The 14. (1973, PG) **5.30** Dr Quinn. **6.30** Antiques Roadshow. **7.30** New Tricks. **8.40** The Closer. **9.40** Rizzoli & Isles. **10.40** Major Crimes. **11.40** Late Programs.

**9GO! (82)** **6am** Children's Programs. **Noon** Motor Racing. Formula E C'ship. Portland ePrix. H'lights. **1.00** That '70s Show. **2.00** Full House. **2.30** MacGyver. **3.30** Raymond. **4.00** The Nanny. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** That '70s Show. **7.00** Young Sheldon. **7.30** MOVIE: Daddy's Home 2. (2017, PG) **9.30** MOVIE: Billy Madison. (1995, M) **11.20** Young Sheldon. **11.45** Late Programs.

TEN (5)

**6.00** Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (R) **7.30** GCBC. (R) **8.00** Everyday Gourmet. (R) **8.30** Ent. Tonight. **9.00** Judge Judy. (PG, R) **9.30** Bold. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGal) **2.00** MasterChef Aust. (PGal, R) **3.10** Ent. Tonight. **3.30** Judge Judy. (PG, R) **4.00** GCBC. **4.30** Bold. (PGa) **5.00** News.

**6.30** The Project. A look at the day's news and events. **7.30** MasterChef Australia. (PGa) Internationally renowned chef Clare Smyth of Sydney's Oncore Restaurant puts the contestants through their paces. **8.40** The Cheap Seats. (Mal) From major news stories to entertainment and viral videos, presenters Melanie Bracewell and Tim McDonald take a look at the week that was. **9.40** NCIS. (Mv, R) A civilian research vessel rescues a small boat containing a group of men claiming to be US Navy SEALs. **11.30** The Project. (R) A look at the day's news and events. **12.30** The Late Show With Stephen Colbert. (PG) Late-might talk show. **1.30** Home Shopping. (R) **4.30** CBS Mornings.

**10 BOLD (51)** **6am** Home Shopping. **8.00** Destination Dessert. **8.30** Snap Happy. **9.00** What's Up Down Under. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** FBI. **10.20** 48 Hours. **11.15** SEAL Team. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

**10 PEACH (52)** **6am** The Late Show With Stephen Colbert. **7.00** Becker. **8.00** Seinfeld. **9.30** The King Of Queens. **10.30** Frasier. **11.30** Becker. **12.30pm** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **8.00** The Big Bang Theory. **9.30** Mom. **10.20** Becker. **11.10** Frasier. **Midnight** Home Shopping. **1.30** The Late Show With Stephen Colbert. **2.30** The King Of Queens. **3.30** Charmed. **4.30** Home Shopping.

**Winnie the Pooh Classic**

**AUSSIE TOYS ONLINE**

Order now on [aussietoysonline.com.au](http://aussietoysonline.com.au)

ABC TV (2)

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Four Corners. (R) **10.45** Great Australian Stuff. (PG, R) **12.00** ABC News At Noon. **12.30** National Press Club Address. **1.35** Media Watch. (PG, R) **1.55** Summer Love. (MI, R) **2.30** The Cook And The Chef. (R) **3.00** Gardening Australia. (R) **4.00** Antiques Roadshow. (R) **5.00** Back Roads. (R) **5.30** Hard Quiz. (PG, R)

**6.00** The Drum. **7.00** ABC News. **7.30-7.30**. **8.00** Utopia. (PG) Nat is infuriated by her new assistant. **8.30** Gruen. Presented by Wil Anderson. **9.10** In Limbo. (Final, Mal) Charlie uncovers the mystery of the missing money. **9.40** Queen Of Oz. (Mal) A mix-up with her new banknote makes Georgie enraged. **10.05** QI. (PG, R) **10.40** ABC Late News. **10.55** The Business. (R) **11.10** Still We Rise. (MI, R) **12.10** Small Axe. (MA15+I, R) **2.20** Rage. (MA15+adhlnsv) **3.30** Antiques Roadshow. (R) **4.30** The Drum. (R) **5.30** 7.30. (R)

**ABC TV PLUS (22)** **6am** Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Andy's Wild Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Vera. **9.30** We Hunt Together. **10.15** To Be Advised. **11.00** Miniseries: Tipping The Velvet. **Midnight** QI. **12.30** MOVIE: Home Again. (2017, PG) **2.05** Would I Lie To You? **3.05** Close. **5.00** Buddi. **5.10** Book Hungry Bears. **5.20** Ana Pumpkin. **5.25** Bing. **5.35** Late Programs.

**NITV (34)** **6am** Morning Programs. **1.30pm** Artie: Our Tribute To A Legend. **2.00** Shortland St. **2.30** The Cook Up. **3.00** Molly Of Denali. **3.25** Red Dirt Riders. **3.40** Aussie Bush Tales. **3.55** Seven Sacred Laws. **4.00** Barrumbi Kids. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Te Ao With Moana. **6.00** Bamay. **6.40** News. **6.50** Arctic Secrets. **7.40** High Arctic Haulers. **8.30** Yokayi Footy. **9.25** Benji. **10.55** Late Programs.

SBS (3)

**6.00** WorldWatch. **9.00** Cook Up Bitesize. (R) **9.05** 22 Kids And Counting. (PGal, R) **10.00** Paul O'Grady: For The Love Of Dogs. (PGa, R) **11.00** The Story Of Coffee. **12.00** WorldWatch. **2.00** Dateline. (R) **2.30** Insight. (R) **3.30** Destination Flavour China Bitesize. (R) **3.40** The Cook Up. (PG, R) **4.10** Anne Boleyn: Arrest, Trial, Execution. (R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

**6.00** Mastermind Australia. (PG, R) **6.30** SBS World News. **7.30** History Of The Sitcom: Freaks, Geeks And Outsiders. (PGa) Takes a look at outsider characters in sitcoms. **8.30** Costco: Is It Really Worth It? (PG, R) Explores the membership-only retailer Costco, revealing how it manages to keep prices so low. **9.20** Blue Lights. (Final, Malv) The team works together after the shooting. **10.20** SBS World News Late. **10.50** The Congregation. (Final, MA15+v) **11.45** The Promise. (Mal, R) **1.55** La Fortuna. (Mdl, R) **3.55** Mastermind Australia. (R) **4.25** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

**SBS VICELAND (31)** **6am** WorldWatch. **10.00** It's Suppertime! **11.00** One Star Reviews. **11.25** Dynamo: Magician Impossible. **2.55pm** Cyberwar. **3.20** WorldWatch. **5.15** Only Connect. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Patriot Brains. **9.25** MOVIE: The Last Vermeer. (2019) **11.35** MOVIE: The Iceman. (2012, MA15+) **1.35am** Letterkenny. **2.35** NHK World English News. **5.00** Al Jazeera.

**SBS WORLD MOVIES (32)** **6am** The Chaperone. Continued. (2018, PG) **7.00** Storm Boy. (1976, PG) **8.40** Philadelphia. (1993, PG) **11.00** Commitment Hasan. (2021, M, Turkish) **1.40pm** Spread Your Wings. (2019, PG) **3.45** Walking On Sunshine. (2014, PG) **5.35** Creation. (2009, PG) **7.35** True Story. (2015, M) **9.30** Gotti. (2018, MA15+) **11.30** Seven Psychopaths. (2012, MA15+) **1.35am** Late Programs. **5.40** The Movie Show.

SEVEN (6)

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** MOVIE: A Daughter's Revenge. (2018, Mav, R) **2.00** Criminal Confessions: Who Killed Little Mama? (Madlv, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

**6.00** Seven News. **7.00** Home And Away. (PGa) **7.30** Dogs Behaving (Very) Badly. (Final, PG) Follows dog trainer Graeme Hall. **8.30** The Front Bar. (M) Hosts Mick Molloy, Sam Pang and Andy Maher take a lighter look at all things AFL. **9.30** Accused. (Ma) A teenager attempts to discover the identity of her biological father. **10.30** The Latest: Seven News. **11.00** Crime Investigation Australia: Most Infamous: Thrill Kill - The Janine Balding Murder. (MA15+av, R) **12.15** Absentia. (Final, MA15+av, R) **1.30** The Goldbergs. (PGa, R) **2.00** Home Shopping. (R) **4.00** NBC Today. **5.00** Seven Early News. **5.30** Sunrise.

**7MATE (60)** **6am** Morning Programs. **11.00** Pawn Stars. **Noon** Outback Truckers: Best Of. **1.00** Aussie Salvage Squad. **2.00** Carnage. **3.00** Billy The Exterminator. **3.30** Down East Dicker. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Highway Patrol. **8.30** The Force: Behind The Line. **9.30** Police Custody USA. **10.30** Surveillance Oz. **11.00** Late Programs.

**7TWO (62)** **6am** Shopping. **6.30** Escape To The Country. **7.30** Room For Improvement. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** Weekender. **2.30** Cities Of The Underworld. **3.30** Room For Improvement. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Heartbeat. **8.45** Foyle's War. **10.45** Late Programs.

NINE (8)

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** MOVIE: The Baby Proposal. (2019, PGa, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

**6.00** Nine News. **7.00** A Current Affair. **7.30** Cricket. The Ashes. Second Test. England v Australia. Day 1. Morning session. From Lord's, London, England. **10.10** Cricket. The Ashes. Second Test. England v Australia. Day 1. Afternoon session. From Lord's, London, England. **3.00** Hello SA. (PG, R) Tips for a short holiday or day out. **3.30** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) Religious program. **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today. The latest in news and current affairs.

**9GEM (81)** **6am** TV Shop. **7.00** Creflo. **7.30** TV Shop. **9.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **1.55** Bondi Vet. **2.55** MOVIE: The Playboy Of The Western World. (1963, PG) **5.00** Dr Quinn. **6.00** Antiques Roadshow. **7.00** Cricket. The Ashes. Second Test. England v Australia. Day 1. Morning session. **7.30** As Time Goes By. **8.50** Midsomer Murders. **10.50** Late Programs.

**9GO! (82)** **6am** Children's Programs. **Noon** Motor Racing. FIA World Endurance C'ship. 24 Hours of Le Mans. H'lights. **1.00** That '70s Show. **2.00** Full House. **2.30** MacGyver. **3.30** Raymond. **4.00** The Nanny. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** That '70s Show. **7.00** Young Sheldon. **7.30** MOVIE: Twins. (1988, PG) **9.40** MOVIE: Fletch. (1985, M) **11.40** Young Sheldon. **12.10am** Homeland. **1.10** Late Programs.

TEN (5)

**6.00** Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (R) **7.30** GCBC. (R) **8.00** Everyday Gourmet. (R) **8.30** Ent. Tonight. **9.00** Judge Judy. (PG, R) **9.30** Bold. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGal) **2.00** MasterChef Aust. (PGal, R) **3.10** Ent. Tonight. **3.30** Judge Judy. (PG, R) **4.00** GCBC. (R) **4.30** Bold. (PGa) **5.00** News.

**6.30** The Project. A look at the day's news and events. **7.30** MasterChef Australia. (PG) Amateur cooks take to the kitchen. **8.40** Riptide. (Premiere, Mdlv) Newlyweds Alison and Sean appear to have an idyllic life, until Sean disappears while surfing. **9.40** So Help Me Todd. (PGa) Margaret and Todd work to bring justice to an Olympic athlete who lost his leg in a plane crash. **10.40** FBI. (Mv, R) The FBI investigates a deadly robbery. **11.30** The Project. (R) A look at the day's news and events. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Home Shopping. (R) **4.30** CBS Mornings.

**10 BOLD (51)** **6am** Home Shopping. **8.00** Destination Dessert. **8.30** Snap Happy. **9.00** What's Up Down Under. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** Hawaii Five-O. **10.20** Blue Bloods. **11.15** In The Dark. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

**10 PEACH (52)** **6am** The Late Show With Stephen Colbert. **7.00** The Middle. **8.00** Friends. **9.30** The King Of Queens. **10.30** Frasier. **11.30** Becker. **12.30pm** The Big Bang Theory. **1.30** The Middle. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **8.00** The Big Bang Theory. **9.20** Two And A Half Men. **11.00** Frasier. **Midnight** Shopping. **1.30** Stephen Colbert. **2.30** King Of Queens. **3.30** Bold. **4.30** Shopping.

## GIANT CROSSWORD

No. 102

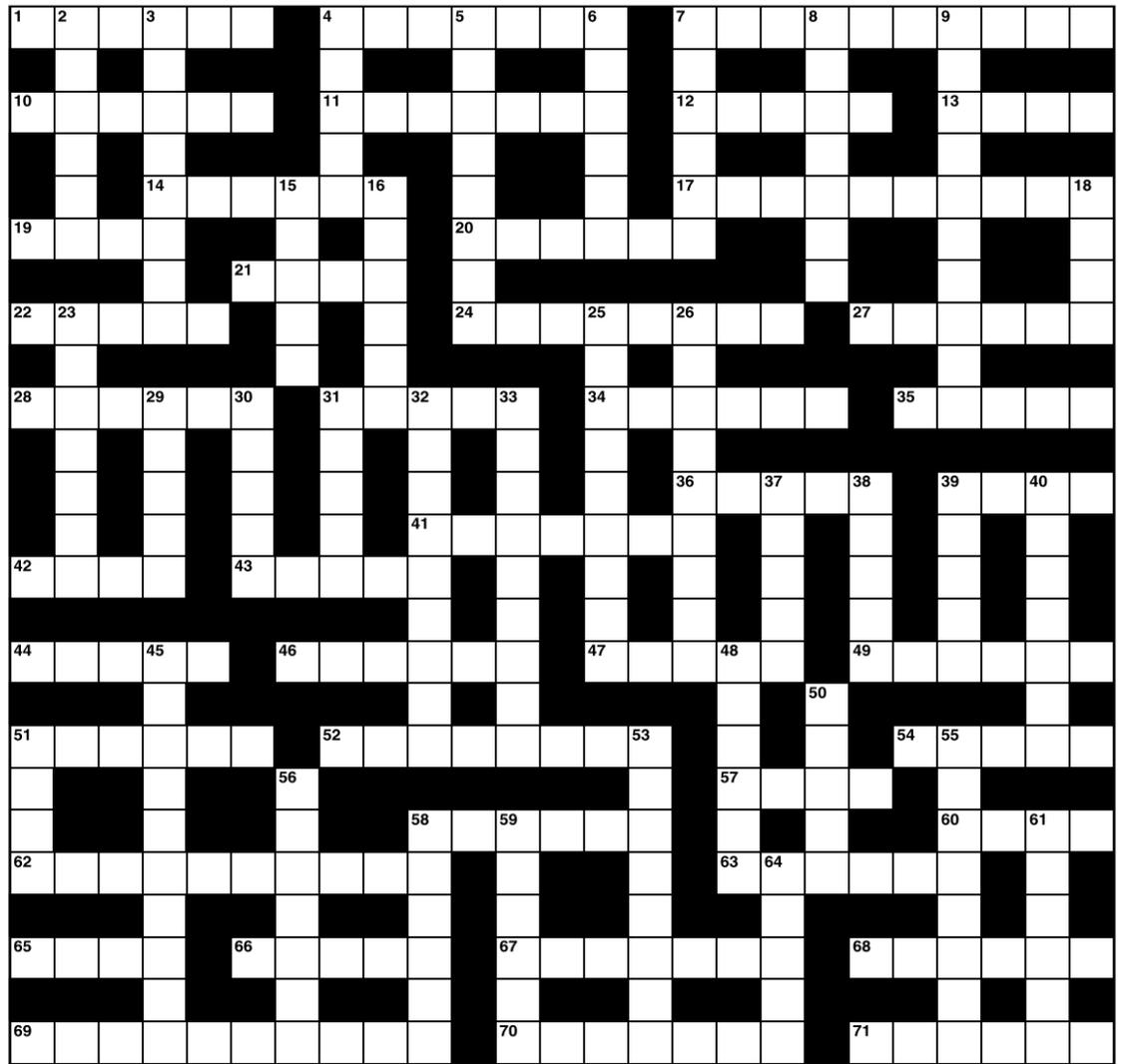
### ACROSS

- 1 Jail (6)
- 4 Endowments (7)
- 7 Plot (10)
- 10 Highly charged emotionally (6)
- 11 Staying power (7)
- 12 Likeness (5)
- 13 Ill (4)
- 14 Tree-like subtropical grass (6)
- 17 Presage (10)
- 19 Food flavourer (4)
- 20 Units of measurement (6)
- 21 Prejudice (4)
- 22 Summary (5)
- 24 Jump a place in the queue (8)
- 27 Beverage vessel (6)
- 28 Droll (6)
- 31 Heavenly path (5)
- 34 Rise rapidly (6)
- 35 Aquatic musteline (5)
- 36 Play guitar (5)
- 39 Long for (4)
- 41 Yellow fruits (7)
- 42 Follow (4)
- 43 Stringed instrument (5)
- 44 Turning machine (5)
- 46 Enigma (6)
- 47 Dramatic Argentinian dance (5)
- 49 Cloisonne (6)
- 51 Chosen group (6)
- 52 Horrible (8)
- 54 Presiding officer's mallet (5)
- 57 Fake (4)

- 58 Season (6)
- 60 Schlep (4)
- 62 State PR (10)
- 63 Cooking instructions (6)
- 65 Emit soft light (4)
- 66 Striped African mammal (5)
- 67 Bundle or parcel (7)
- 68 Disturbed (coll.) (6)
- 69 Asian sea bass (10)
- 70 Join (7)
- 71 Afternoon nap (6)

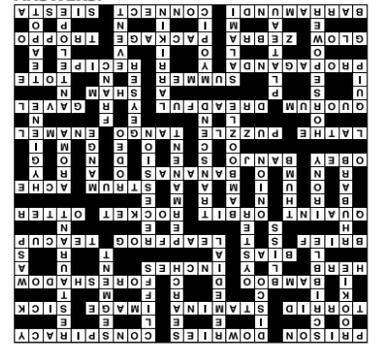
### DOWN

- 2 Novice (6)
- 3 Scrawl; doodle (8)
- 4 1970s dance genre (5)
- 5 Curative (8)
- 6 Examine for concealed objects (6)
- 7 Precipices (6)
- 8 Portion (7)
- 9 Dining establishment (10)
- 15 Supreme happiness (5)
- 16 Edible bivalve mollusc (6)
- 18 Stinging insect (4)
- 23 Edible leafstalk (7)
- 25 Lasting (9)
- 26 Economic decline (9)
- 29 Sarcasm (5)
- 30 Hand digit (5)
- 31 Bulb used in cooking (5)
- 32 Deceive by trickery, confuse (9)
- 33 Go beyond expectations (9)
- 37 Cowboys' show (5)
- 38 Skin disease (5)



- 39 Fragrance (5)
- 40 Cleanliness (7)
- 45 Imperial unit defined as 550 foot-pounds per second (10)
- 48 Geothermal vent (6)
- 50 Swiss currency (5)
- 51 Witticism (4)
- 53 Desperado (8)
- 55 Pronghorn (8)
- 56 High flat region (7)
- 58 Smallgoods item (6)
- 59 Short-sighted (6)
- 61 Teammaking container (6)
- 64 Occurrence (5)

### ANSWERS:

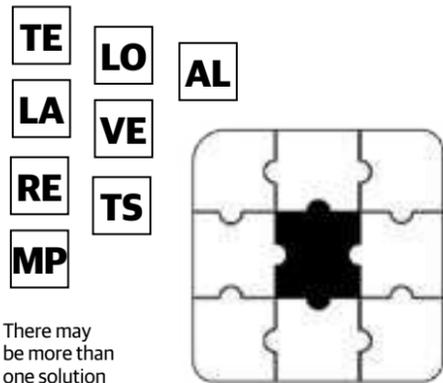


## EDGEWORD

No. 102

pm ORIGINAL PUZZLE

Place each of the tiles of letters into the blank jigsaw below to create four six-letter words going across and down.



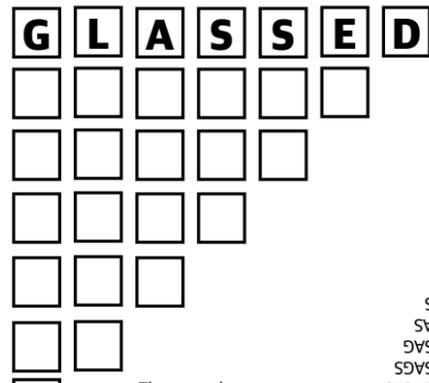
There may be more than one solution

ANSWERS: RELATE, REVEAL, TEMPTS, ALLOTS

## DROP DOWN

No. 098

Starting with the seven-letter word, drop a letter and form a six-letter word. Continue in this manner until you reach the single letter at the bottom. You can rearrange the letters in each step, if necessary.



There may be more than one possible answer.

ANSWERS: S, AS, SAG, SACS, SAGES, GASSED, GLASSED

## HOW WELL DO YOU KNOW...

Ryan Murphy

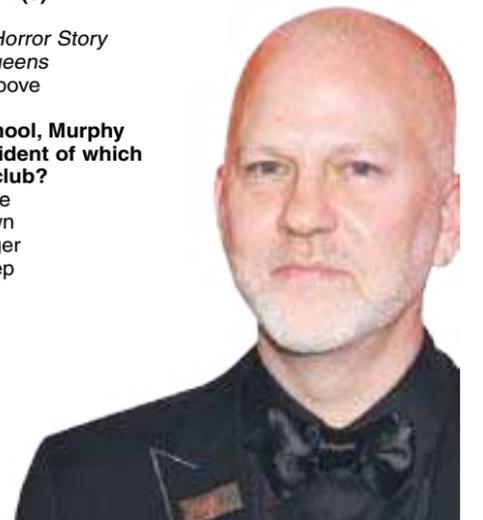
1. Which TV series has writer/director Ryan Murphy not been involved in?  
A. *Glee*  
B. *Nip/Tuck*  
C. *Friday Night Lights*  
D. *American Horror Story*

2. Which Australian actress stars in the Netflix movie *The Prom*, directed by Murphy?  
A. Margot Robbie  
B. Nicole Kidman  
C. Rose Byrne  
D. Toni Collette

3. *The Prom* is an adaptation of what?  
A. A novel  
B. A stage play  
C. A film  
D. Nothing, it's a new creation

4. Murphy and fellow writer Brad Falchuk have collaborated on which show(s)?  
A. *Glee*  
B. *American Horror Story*  
C. *Scream Queens*  
D. All of the above

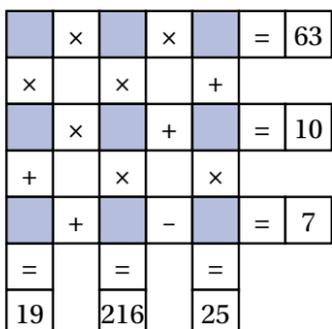
5. In high school, Murphy was the president of which actress' fan club?  
A. Glenn Close  
B. Goldie Hawn  
C. Kim Basinger  
D. Meryl Streep



ANSWERS: 1C, 2B, 3B, 4D, 5D

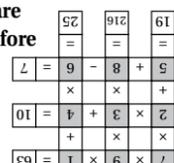
## CROSSMATH

No. 0102



Insert each number from 1 to 9 in the shaded squares to solve all the horizontal and vertical equations.

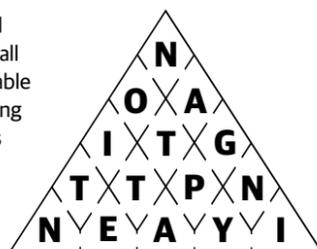
Multiplication and division are performed before addition and subtraction.



## WORD TRIANGLE

No. 098

The starting letter could be in any segment, and all subsequent letters are able to be connected following a path through the gaps in the walls. You may only enter each of the segments once, and all letters must be used.

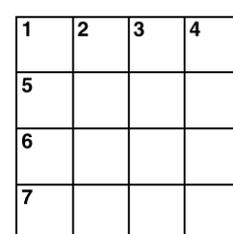


HINT: The answer is multiple words.

ANSWER: PAYING ATTENTION

## 4x4

No. 098



### ACROSS

- 1 Trees (4)
- 5 Audited Media Association of Australia (1,1,1,1)
- 6 Chimed (4)
- 7 W African tree yielding fat (4)

### DOWN

- 1 Paddles (4)
- 2 Indian nursemaid (4)
- 3 Boy's name (4)
- 4 Legend (4)

ANSWERS: 1. Oaks, 2. Amah, 3. Kane, 4. Saga, 5. Rang, 6. Shea, 7. Legend



# Network Classifieds

sales@networkclassifieds.com.au  
networkclassifieds.com.au

1300 666 808

## Announcements

Birthdays

**Birthday Celebration**

**John Walker**

24th June  
Afternoon Tea 1pm - 4pm  
SHEOAK LODGE NURSING HOME  
Millicent

Deaths

**GALE**  
Eric Maxwell (Max)

Passed away peacefully in the presence of his loved ones, in the Mount Gambier Hospital on Friday, 9th June 2023. Aged 84 years.

Loving husband of Judy, for 63 years.

Much loved father of Trevor and Jayne, Bronwyn and Mark (dec). Roger and Colleen.

Proud Grandpa of 5 grandchildren and 7 great-grandchildren.

*A laugh, a grin, a joke or two; That's the way we'll remember you.*

Place your Announcement Notice with us.



Phone: 1300 666 808

sales@networkclassifieds.com.au

Deaths

**ROGERS**  
Ross Frater  
1st May 1940 - 15th June 2023  
Passed away peacefully surrounded by his loving family.  
Loving Husband of Marie (dec), and Merrilyn. Dear Dad, Pop, Poppy, Popstar and Hero of Deb and Steven, Sue and Joe, Colin and Tracey, Toni and Mark; Stacey and Bomber, Carly, Sam and Amy; Jessie, Annie and Jon; Luke, Jayden and Nicole; Emma, Will and Jolie; Harry, Matilda, Jim, and Sid; Fletcher; Paddy, and Lenny; Zara; Harper, Marley, and Chett; and Tom.

Together again with Mum



"Gone to check the Winch"

A service for Ross was held yesterday 21st June 2023



Funeral Services



**GALE**

The family of the late **Mr. Eric Maxwell (Max) Gale** respectfully advise their relatives and friends that his Graveside Funeral Service will be held in the Penola Lawn Cemetery TOMORROW Friday 23rd June at 1pm.



**Rosedale**  
-FUNERALS-  
Rebecca Fiegert  
8723 1046  
Mount Gambier & Districts

*Rest in Peace*



## Trades & Services

Computers

**Cartridge World**  
SPEND LESS TO PRINT!

**INK • TONER • PRINTERS  
PAPER • PRINTER SERVICING**

31 Crouch Street South, Mount Gambier  
Ph. 08 8723 6044  
www.cartridgeworld.com.au  
**BUSINESS FOR SALE!**

Roofing

**Colorbond**

- Gutter
- Flashings
- Roofing
- Purlins
- Fencing
- Steel Frames

**Steeline**

8723 1130  
6 Calula Drive Mt Gambier  
12566891-A137-22

Tiling

**BEAUMONT TILES**

25 Bay Rd. Mount Gambier SA 5290  
(08) 8723 9600  
Monday - Friday: 7:30am - 5pm  
Saturday: 9am - 12pm  
#ichosebeaumonts

12464617-DV43-20

**Buy, Rent & Sell in our Real Estate**  
section of Network Classifieds.

Network Classifieds 1300 666 808

## General Notices

Public Notices and Event

**Millicent Business and Community Association AGM**

Wednesday July 5th, 7pm  
Grand Hotel, Breakfast Room

New committee members needed to ensure the future of the MBCA. All Welcome

## Employment

Positions Vacant

**Millicent Toyota**

**EMPLOYMENT OPPORTUNITY**

Millicent Toyota has a position available for a **Fully Qualified Light Automotive Vehicle Mechanic**.

We are looking for a well-presented person who has a strong automotive knowledge, competent computer skills, good customer service and communication skills and is motivated to work well both individually and as part of our team.

Duties will include vehicle servicing, repairs and maintenance on all makes & models and new vehicle fit outs.

The wage is negotiable for the right applicant.

**Attention to - Simon Lowe**  
Millicent Toyota  
79 Mount Gambier Road  
MILLICENT SA 5280  
Or email - simon@millicenttoyota.com  
Or phone - 08 8733 3111

Professional

**DISCRIMINATION IN ADVERTISING IS UNLAWFUL**

The South Australian Equal Opportunity Act 1984 makes it unlawful for an advertiser to show any intention to discriminate on the basis of sex, pregnancy, race, age, marital status, political or religious belief or physical features, disability, lawful sexual activity/sexual orientation, HIV/AIDS status or on the basis of being associated with a person with one of the above characteristics, unless covered by an exception under the Act. As Network Classifieds could be legally liable if an unlawful advertisement is printed, Network Classifieds will not accept advertisements that appear to break the law. For more information about discrimination in advertising, contact your legal advisers or the Equal Opportunity Commission.

## Trades & Services

Deadline

**Placing your classified advert is so easy...**

Phone: 1300 666 808  
Email: sales@networkclassifieds.com.au (include your name, address and phone number)

**We accept payment by:**  
VISA/MASTERCARD/EFTPOS/BANK TRANSFER (1.5% credit card processing fee applies. Cheques and money orders can be posted.)

Deadline for all classifications is 3.30pm Tuesday.

Air Conditioning

**Limestone Coast REFRIG-ELEC-AIR**

Specialising in:  
Commercial refrigeration  
Domestic & Commercial  
Air Conditioning and Electrical  
25 YEARS EXPERIENCE IN THE INDUSTRY

Mobile: 0408 873 820  
ABN 96205089485 BLD 289535 - AU 38343

Find it in the **General Notices** section of Network Classifieds.

## Motoring

Motor Vehicles

**TOYOTA 2013 Hilux Workmate Cab Chassis** excellent condition, one owner. 32,600kms, 12 mth rego. Rego no: S494 CPZ \$19,500. Ph 0406 735 827

**Buy & Sell in our Motoring** section of Network Classifieds.

**ADVERTISE UNTIL SOLD\***

**From Only \$29.00**

1300 666 808  
sales@networkclassifieds.com.au

- All advertisements must be pre-paid. For \$29.00 you get a 4 line, ONE ITEM ONLY advertisement, restricted to "For Sale" or "Motoring" items only for private advertisers, run initially for 13 weeks or until sold. Additional lines will be charged at \$3 per line per publication.
- After your advertisement has run for 13 weeks you must call us each fortnight to renew it for a further 2 week period AND reduce the price of your item by a minimum 5% for items in the "For Sale" section or 3% for items in the "Motoring" section. This process may continue until you have sold your item. If we do not hear from you we will assume you have sold your item and your advertisement will not appear.
- The sale price must be included in the advertisement and the only alterations you may make are to the PRICE of your item.
- Business advertisements, rental hire, pets & livestock and real estate are not included in the offer.
- The publisher reserves the right to decline any booking for the purpose of ongoing gain.

Run my advert in:

2 papers - \$7 extra  
3 papers - \$14 extra

ADD A PHOTO FOR AN ADDITIONAL \$8.00

**Network Classifieds**

# Motoring

## Best friend for the family

By Derek Ogden, *Marque Motoring*

The new BMW X1 is a little car with big ideas.

BMW has imbued the third generation of its compact SUV with extra space, higher tech and more features to make it what the maker claims is the segment leader.

I tend to agree.

Coming to Australia in two petrol powered variants – an electric version is penned for later this year – the entry-level is the X1 sDrive18i front wheel drive, which leaps to the X1 xDrive20i all-wheel drive.

Added attractions have upped prices to \$60,400, plus on road costs, for the sDrive18i and \$70,400, plus on-roads, for the xDrive20i.

Two added-cost enhancement packages are available.

An M Sport Package pumps the price up to \$73,400.

Leaving the former model in the feature remaindered rack, the base model now includes such things as keyless entry/start, sports seats, a 10.7-inch multimedia touchscreen, a 10.25-inch instrument cluster, 'Hey BMW!' voice control, a head-up display, GPS with augmented reality view, dual-zone climate control, adaptive LED headlights, a powered tailgate, adaptive cruise control, automatic parking assist and a blind-spot monitor.

The sDrive18i on test sported Enhancement One, which delivered metallic paint, panoramic glass sunroof, driving assistant professional, electrically adjustable front seats and sliding rear seats, harman/kardon premium audio and 19-inch alloy wheels, all for an extra \$6513.

However, there is one oddity: a subscription system by which the bones of heated seats and steering wheel are embedded in the Aussie released X1, but the skeleton will only come to life by the owner paying a subscription starting at \$29 a month up to a lifetime \$589.

BMW claims it saves the buyer money: really!

The car is covered by a five-year unlimited kilometre warranty, with three years complimentary 24 / 7 roadside assistance.

While the new X1 has put on the inches, the compact SUV maintains near perfect proportions, all the way from its expansive rejigged signature kidney-style radiator, via a curved roofline, to a neat-and-tidy no nonsense rear.

With a typical squared-off SUV stance, extensive glass makes for panoramic views of surroundings from all seating positions.

With the X1 now rivalling the dimensions of the first X3m it's no surprise this new car feels like a medium SUV.

Wrap around front seats offer excellent support in day-to-day motoring, and while on the firm side, maintain a level of comfort welcome on long trips.

Two adults can sit in relative comfort behind a similar pair in front, with good head, knee and legroom, even with the panoramic roof.

The middle position is fit only for short trips or small children.

ISOFIX anchors are positioned on the outboard seats as well as top-tether points across all three.

Comfort is bolstered by adjustable air vents behind the centre console, two USB-C charge ports, pockets behind the front seats, bottle holders in the doors and a fold-down centre armrest with cup holders.

Behind the 40:20:40 split folding rear bench is room for 540 litres of cargo with all seats in use, expanding to a generous 1600 litres with the second-row seat backs folded flat.

No room for a spare, only a tyre repair kit.

Bye-bye buttons is the catchphrase here, with the need to dig into the touchscreen for several vehicle systems, the most annoying being for the climate control air-con.



Much more than meets the eye from the latest BMW X1 compact SUV.

Gone is the iDrive rotary control knob of yore too.

In its place is the engine start/stop button, electronic gearshift switch and audio volume roller.

The centre console itself is a bridging version with a large open space underneath for easy-access storage.

At the base of the centre stack is a phone charging point which holds the handset in a near vertical plane, making it easy to view when in position.

A 10.7-inch centre screen, plus 10.25-inch digital instrument display are sharp as a tack to view and responsive to inputs.

'Hey BMW' voice commands now have more options.

Power in the X1 sDrive18i comes from a 1.5-litre turbocharged three-cylinder petrol engine developing 115 kW at 6500rpm and 230 Nm between 1500 and 4600 rpm, driving the front wheels via a seven-speed dual-clutch transmission.

The X1 carries a five-star safety rating based on 2022 Euro NCAP tests.

Standard features include upgraded autonomous emergency braking forward and reverse with pedestrian and cyclist detection and junction assist adaptive cruise control including stop/go, blind-spot monitoring, forward collision warning, high-beam assist, lane change warning (blind-spot), lane departure warning, parking sensors front and rear, rear cross-traffic alert, reversing assistant and surround view (360-degree cameras).

The body structure has had a boost and there are front, side, curtain and front-centre airbags on hand in the event of an 'unscheduled incident'.

Despite featuring a three-cylinder turbocharged petrol engine, the X1 sDrive 18i performs as well as the ditched four-cylinder motor at low speeds in city traffic.



Although its looks can be deceiving, the new BMW X1 is packed full of tech and features to make anyone want one.

Tuning is the key here, with the newbie, following an at-times tardy take-off, running with relative ease through the rev band.

No neck-snapping acceleration, but according to BMW, at 9 seconds, 0.6 seconds sooner to 100 km/h than the previous model's time on the way to a 215 km/h top speed.

Overtaking on the open road can raise a few questions about the missing pot, though.

The maker claims combined urban/highway fuel consumption of 6.5 litres per 100 kilometres.

The test X1 sDrive 18i clocked an average of 7.2 litres of 95 RON premium unleaded petrol over the test period.

Steering has been the subject of attention from engineers and is smooth and responsive in town, yet able to cope with assurance on the open road or hilly twists and turns.

Wind and engine noise allow a normal level of conversation between occupants, the only blemish being some tyre noise on courser road surfaces.

Traditionally blinkered by driving performance at the expense of features, BMW has flipped with the new X1.

With the vehicle's ambitions to be a medium-size SUV, it is well on the way to being a friend of the family.

### RATINGS

- Looks: 7/10
- Performance: 7/10
- Safety: 8/10
- Thirst: 8/10
- Practicality: 8/10
- Comfort: 7/10
- Tech: 8/10
- Value: 7/10



Millicent's Caitlyn Shanks powers home in the 21km.



Naracoorte's Chloe McWhinney pushes herself down the final straight of the 10km event.



Robe youngster Broke Gibson finished the 5km third for Under 14 boys.

# Rain fails to dampen spirits

By James Murphy

The 2023 Tower Trail Run was met by wet and windy conditions on Sunday in the Blue Lake City.

Mount Gambier's scenic Centenary Tower and the surrounding Crater Lakes trails were on show for the 215-strong field of runners, who competed across four distances throughout the morning.

The feature event was the 56km, which was also part of the five-event SA State Series.

The gruelling distance had 49 entrants and was bested by Adelaide's Shaun O'Callaghan, who completed the run in 4:46:01.60 to win the event by just over 13 minutes.

Brighton's Leif Christensen finished second, while another Adelaide runner in Nigel Maycock rounded out the podium.

Sarah Melville from Panorama was the quickest female, completing the course in 5:49:15.54 ahead of Bek Gratton and Sahra Daniels.

From a Limestone Coast perspective, Mount Gambier's Brett Kennedy was the fastest on the day, with an overall 12th place finish putting him in the top 10 of the men's category.

The 21km was another popular event, with 45 runners entered.

Local runner Owen Williams from Koorine topped the field with a quick time of 1:28:40.43, followed by Royston Park's Nick Muxlow and Mount Barker's Brett Merchant.

Mount Gambier's Stuart Pratt and Kirk Smith managed top-10 finishes, while Mount Gambier's Tarsh McCallum crossed the line 11th overall to be the second-fastest female.

Another local runner won the 10km as Mount Gambier youngster Josh Cameron claimed the line honours over the large field of 79 in a time of 48:52.26.

Next to finish was Kybybolite's Justin Hurrell two minutes behind, while Adelaide's Damien Fidge rounded out the podium.

Glencoe's Kathryn Auld finished fourth overall to be the quickest female.

Another Mount Gambier runner finished second for the women, with Gemma Ralph securing the runner-up medal from Victorian Lisa Johnson in third.

Mount Gambier's Warren Munro finished sixth overall and Penola runner Jake Rowe finished 12th to sneak into the men's top 10.

The final distance was the 5km, which was dominated by South East competitors.

Youngster Peter Izzard won the event with a time of 30:01.85 from fellow Mount Gambier runners Andrew Crouch and Luke Scott.

Flynn and Ryan Turner were next across the line, followed by Dale Robertson, all from Mount Gambier.

Naracoorte's Carolyn Rossgregor finished seventh overall to claim the women's win over Coleraine's Tara Baker and Mount Gambier's Bronwyn McCallum, while Penola's Madeleine McGregor finished a close fourth for the women.



Glencoe's Joanne Vine showed plenty of enthusiasm as she finished the 21km Tower Trail event.

Pictures: JAMES MURPHY



Naracoorte's Hamish Watson nears the end of his 21km race.



Penola's Kate McDonald brings it home in the 21km.

# Magpies in control

By Lachlan Onions

**KALANGADOO 12.10 (82) d  
GLENCOE 7.4 (46)**

AFTER a back and fourth opening three terms in cold and wet conditions, the Magpies eventually ran home to claim the four points at Glencoe in Round 9 of Mid South Eastern football.

Kalangadoo took control of the contest early but allowed the Murphies to stay in the game due to some wasteful execution in the forward 50.

The Magpies had nine scores in the opening quarter but could only muster up 19 points and as a result, led by only 12 points at the first change.

However, the away side's accuracy soon improved as they kicked three goals straight in the second stanza to extend the margin.

Glencoe was still in with a chance at half time but faced an uphill battle as they trailed 15-37 at the main break.

The third quarter was where the tides began to shift and the Murphies kicked a goal in the opening minutes of the half to send a statement of intent.

The Magpies added three goals in the term but could not match Glencoe's five majors and the hosts trailed by just 10 points with one quarter to play.

"We had a big lapse in the third quarter," Kalangadoo coach Alex Lyon said.

"Glencoe got away from us in the midfield a little bit.

"Our defensive work cost us in the third quarter but the boys really rallied in the fourth quarter.

"It was really good."

With momentum on their side, a thrilling finale awaited as the Murphies eyed off an unlikely comeback against the reigning premiers.

However, Kalangadoo's strength shone through when it mattered most as it restricted Glencoe to just one minor score in the final quarter.

The Magpies kicked 4.3 (27) in the last stanza to run away with a handy 36-point win.

Lyon was pleased with the way his side turned the contest around in the fourth quarter when the momentum was against them.

"We would have had most of the footy and our tackle count was the highest in the last quarter as well," he said.

Sam and Tye McManus were at their best in abysmal conditions and were the best on ground for Kalangadoo.



LEAP: Dylan Bromley attempts to pull in a contested mark.

Picture: LACHLAN ONIONS

Lyon was full of praise for both the McManus brothers and youngster Connor Gentile, who put in a fine performance.

"We moved Connor Gentile onto a back flank from the wing," Lyon said.

"He is a youngster that is still playing Senior Colts and he probably had his breakout game yesterday.

"He would have taken five or six intercept marks and just gave us really good drive from the halfback line.

"As an individual playing good footy, he was probably the standout but our best players were the McManus brothers, especially Sammy who won the medal, he was awesome."

Scott Agnew was on fire as he slotted four goals, while Dylan Bromley and Ben Gregory both recorded two majors each.

For the Murphies, Jason Bates and Tory Weaver were the only players to kick more than one goal as they recorded two majors each.

Zacc Cocks and Tom Edwards continued to show why they are pivotal players for Glencoe and were the two best players for the home side.

Kalangadoo now sits in third place, just one win behind the second-placed Port MacDonnell.

In what is proving to be an unpredictable season of Mid South Eastern football, there is just one game between second and fifth on the ladder, with Kalangadoo, Hatherleigh and Mount Burr only separated by percentage at the midway point of the season.

## Dawe happy as Tigers pounce on Hawks

By Lachlan Onions

**TANTANOOLA 9.10 (64) d  
KONGORONG 5.3 (33)**

TANTANOOLA recorded its second consecutive win with a solid performance against Kongorong in Round 9 of Mid South Eastern football.

Tantanoola coach Jack Dawe was pleased with the progress his side has made this year as they notched up back-to-back wins for the first time this season.

"It has been really pleasing, we have improved this year, the boys are starting to play really well," he said.

There was little between the two sides early on as both teams managed only one major in the opening quarter but the Tigers took a narrow 10-6 lead at the end of the term.

"In the first quarter we had our chances, we kicked the first three points - which should have been goals," Dawe said.

"Then they were lucky enough to get a goal.

"All the play was down our end, it was just on us trying to capitalise on it.

"Then when everyone got tired, we were able to kick a few more goals and run away with it."

The second quarter saw Tantanoola begin to score with more ease as they added three majors and kept the Hawks to just seven points to take a healthy 17-point lead at the main break.

However, Kongorong refused to die and



GAME CHANGER: Troy Hatt was pivotal for the Tigers in their win over the Hawks on Saturday. Picture: FILE

kept itself in the hunt in the third quarter as it kicked three goals.

Despite the efforts in attack, the home side was unable to shrink the margin in the quarter as the Tigers scored three goals of their own and took a 20-point lead at the final break.

While, it was not impossible, the Hawks faced a hefty task to try and claw back an unlikely comeback in the final quarter.

The challenge was ultimately insurmountable as Tantanoola held the hosts to just two minor scores in the last quarter while it added two goals of its own to put the game on ice.

Liam English was best on ground with an impressive performance for the Tigers.

He was supported by Jordan and Troy Hatt, who both impressed, while Dawe was a force to be reckoned with as he booted four goals.

"The two Hatt boys have stepped up and played different positions and played really well.

"Braydn Reilly has been playing well rucking for us and just battling along."

Lennox Lewis provided consolation for Kongorong as he also racked up four majors, while Corben O'Dea and Robert Hein were best on ground for the Hawks.

Kongorong Oval was not immune to the poor weather which swept across the South East on Saturday and Dawe said the conditions were challenging.

"By the time we started the game, there was just mud everywhere," he said.

"It was the worst conditions I have played in in a fair few years.

"It was just muddy and sloppy.

"There was a pretty standard game plan for both teams really - just got to get the ball long."

The Tigers have now moved up to sixth on the ladder with three wins from eight games, while the Hawks remain in eighth with just the one win under their belts.

## Big freeze slows things

By Jamie Coates

Wind, rain and frosty temperatures have met fishos hoping to wet a line this past week, but looking forward and towards the weekend, it looks like we have a bit of reprieve on the way.

There has not been a lot of reports from the last week, so we might be a bit light on for fishing news.

As far as offshore news goes this week, I have not heard much at all. The sea has been huge, the wind has been strong and it has been enough to turn away most of the fishos. However, Jase from Port MacDonnell Fishing Charters has still been into them, boating a couple of tuna around that 100kg mark this past week.

There have been plenty of school tuna mixed in with the barrels, which have been a bit of burden to those who are solely targeting the big fish, but those who love catching the schoolies will have a blast out there.

While plenty of folks do not love the winter weather down this way, the salmon fishos rub their hands together. The rougher the better. The big salmon love coming in closer to shore on those crappy days, so that is our time to shine.

Metal slugs and nine-foot graphite rods are the go-to weapons to get stuck into them and when they are really fired up, it does not matter how cold it is, the fishing is red hot.

Areas worth fishing are still Cape Banks in both Redrock and Lighthouse, Canunda from start to finish and the ever-reliable Beachport Salmon Hole. When we do finally see a settling sea, we will see the garfish kick back into gear.

After a big blow, the usual haunts such as Cape Douglas, Pelican Point and the Petrified Forrest are all ripper spots to have a crack. You will get mullet, salmon trout and tommies while you are there, so when it backs off, get in and give it a crack.

Another saviour in times of poor weather is the mighty Glenelg River. I know I go on about it every year and how it is the jewel in the crown down here, but how good is it!

When the wind is up, the seas are big and its almost unfishable, you can always duck down the river, around a corner or up among the cliffs and get out of the weather and find some nice fish.

Andy Barton has been into some big numbers of bream and perch in the Nelson area off the jetties of an evening and just throwing Samaki soft vibes, soft plastics and metal blades has been very productive.

Until next week, safe fishing.

**DENTON'S  
SPORTSPOWER**

**FITNESS  
SALE**

- Treadmills up to \$200 Off
- Rowers \$100 Off
- Bikes \$50 Off

**SALE**

**36 George St, Millicent SA 5280  
PH: (08) 8733 2433**

12615206-SMCS-23



DETERMINATION: Wade Chant attempts to spoil a mark from Lyndon Smith.

Pictures: JAMES MURPHY

# Eagles blitz Demons

By Lachlan Onions

**HATHERLEIGH 9.7 (61) d  
PORT MACDONNELL 3.1 (19)**

Hatherleigh sent a statement to the rest of the Mid South Eastern Football League on Saturday as it claimed a comprehensive win over the Demons.

The Eagles surged from the outset and dictated terms from the opening bounce to leave Port MacDonnell shell-shocked.

"It was a pretty decent result," Hatherleigh coach Gerard McGrath said.

"It was not great conditions out there, the oval had a lot of rain through the week and by the time we got out there it was pretty muddy.

"Weather wise, it wasn't that bad, we had one little shower, it was just that the oval was muddy which made it tricky."

Hatherleigh scored 26 points in the first quarter and held Port MacDonnell to just one minor score in the term.

The dominance continued in the second quarter as the Demons kicked just one goal, while the hosts extended the lead to 34 points at the main break.

The game opened up in the third quarter as



SLIPPERY: Colby Munro looks to evade a tackler in muddy conditions.

both sides traded goals and the Eagles extended the lead to 40 points at three-quarter-time.

However, scoring dried up in the last stanza as Port MacDonnell was held scoreless, while Hatherleigh added just two behinds as it went on to claim a comfortable victory.

McGrath said his side made some changes

to the way they played due to the muddy conditions they faced.

"I thought we played the conditions pretty well actually," he said.

"We just played a territory game and moved the ball as long as we could into space really.

"We did not muck around with it and just kept it simple."

It was a dominant performance in defence from the Eagles as they restricted the Demons to just three goals for the entire game.

"Our back six was very solid but that came off a lot of pressure up the ground too," McGrath said.

"There wasn't much easy ball coming out anywhere, so we shut them down all over the park which was good."

McGrath said it was a strong all-round team effort but mentioned Will Chay, Lyndon Smith, Sam Gray and Tom Hutchesson as players who stood out.

"Everyone played good footy but in saying that, Sam Gray and Will Chay played on-ball and were really strong," he said.

"Hutchesson and Lyndon Smith were both really good up forward as well."

# Even contest in freezing temperatures

**HATHERLEIGH 40 d/w  
PORT MACDONNELL 40**

Hatherleigh hosted Port MacDonnell in Round 9 of Mid South East netball and the MND Big Freeze, which was an apt description of the weather conditions confronting players.

In wet and windy conditions to start play, the ball was turned over for both teams up and down the court, with goals kept to a minimum.

A few forced errors from Hatherleigh's attack line feeling the pressure from the Demons' defence, especially Alysha Coon and Alana Berkefeld, gave Port MacDonnell a few opportunities and they headed to the first break with a tentative two-goal lead.

Players welcomed a short period of sunshine and the Demons hit their groove in the second quarter.

Accurate shooting from Kori Collins capitalised on the strong defensive work of Coon and Berkefeld, making goals hard to come by for Hatherleigh.

Erin Watson and Lara MacGregor worked hard for Hatherleigh to create turnovers, but at the main break Port MacDonnell held a handy seven-goal lead.

MacGregor, Watson and Lucy Corman continued to make their presence felt in the third term, while Maddie Redman worked tirelessly to slow the Demons attack down.

It was a strong tussle in the mid-court between Rosie Nettle and Kate Faint, with both players putting their bodies on the line.

Demons Megan Hein and Kori Colin' converted every opportunity they had, but were



TOUGH DAY: Tough conditions saw Hatherleigh and Port MacDonnell fight out a draw for Round 9 of Mid South East netball.

Picture: JAMES MURPHY

limited by the strong defensive pressure applied by all Hatherleigh players down the court.

At the third quarter break Hatherleigh had clawed their way back to be down by just two goals.

Changes were made by both sides for the final quarter, but Hatherleigh's change saw Abby Wight into goal shooter, with an immediate impact that saw Hatherleigh take the lead for

the first time.

However Port MacDonnell adjusted, increased their work rate and the game soon became goal-for-goal.

A nail-biting last quarter for supporters resulted in a draw.

Best players for Hatherleigh were Watson and MacGregor, with Faint and Coon best for Port MacDonnell.

# Tigers too strong for the Hawks

**TANTANOOLA 53 d KONGORONG 40**

Round 9 of Mid South East netball as Kongorong saw some poor conditions with a wet court.

The first quarter saw both Tantanoola and Kongorong go hard at the ball and both teams took time to settle.

Kongorong's Evie Sealey was on from the first whistle, working hard with the front cut and making the most of the ball under the post.

However, the Tigers settled earlier than the young Hawks, with the attack of Tantanoola getting a good look at the ball.

The Hawks eventually settled and the scores were even at the first break.

The second quarter saw the defence for both teams intensify.

Tayla Rowe for the Tigers and Riley Buckingham for the Hawks battled hard in the circle, both at times influential for their respective sides through the second term.

The Tigers shooters had a dominant quarter in particular with Jami Walker in goal attack shooting seven goals from eight attempts, fed well by Casey Walker and Kate Varcoe.

Tantanoola broke away to lead by seven goals at half time with a 27-20 scoreline.

The Hawks went into the third quarter with work to do and the defensive pressure lifted, not giving the Tigers any easy ball.

Rach Perry worked overtime in centre for the Hawks, both on the offensive and defensive, while Tiger Kate Bromley applied pressure at goal defence and led Tantanoola's defensive line to give her team a lift.

Emma Gould slipped into the goal attack position while Walker found another gear, leading the Tigers to outscore the Hawks 13-7 as they worked the ball down the court fast and accurately.

Bromley continued down the defensive end for the Tigers working overtime for her side while Riley Buckingham and Gould did not ease up pace in a thrilling contest down the court.

The Hawks pushed to make the last quarter an even one but it was the Tigers that claimed a comfortable win.

Best players for the victors were Casey Walker and Rowe, with Perry and Lightbody best for Kongorong.



MILESTONE: Evie Sealey chalked up her 100th game for Kongorong on Saturday.

Picture: SUBMITTED

# Magpies hit back

**KALANGADOO 58 D GLENCOE 29**

Glencoe and Kalangadoo faced off for the first time since last year's grand final in rainy conditions for Round 9 of Mid South East netball on Saturday.

The Magpies took the first centre pass and were met by a disrupting Glencoe defence line that applied strong defensive pressure and forced Kalangadoo to throw away two consecutive passes.

However, the Murphies were unable to convert through their attack line due to errors of their own.

An early skill error from Glencoe allowed Kalangadoo to score the first three goals of the game and set up an early lead, with a 12-7 advantage at the first break.

The second quarter showed a tighter contest, with Glencoe having 14 scoring opportunities to Kalangadoo's 16.

However, the inaccuracy of the Glencoe goalers and the strong rebounding of Lara Munro allowed Kalangadoo to extend its lead.

Ebony McDiarmid was the focal point in the Kalangadoo goal circle, using her strength and experience under the post to convert with ease.

The Glencoe defenders of Sarah Edwards and Chelsea Owen fought hard to limit the opportunities of the Magpies and win the ball back.

By the main break Kalangadoo had extended its lead to 26-14.

Both teams entered the second half unchanged.

The Magpies came out with a continued intensity which made for a rough contest through the middle of the court.

Glencoe's Donna Jaeschke nullified the Magpies' Jane Auld, not allowing her to have any impact on the game, but Kalangadoo was able to find plenty of space and transition the ball down court with long clearing passes to make it difficult for the Glencoe defenders to stop the ball reaching the post.

Chloe Peacock stepped up her defensive pressure and got her hands to plenty of balls.

Heading into the final break Kalangadoo led 38-22.

Kalangadoo pushed out their dominance in the final quarter against a disheartened Glencoe side.

Their defensive line continued to confuse the space and make it difficult for the Murphies to find a safe option.

McDiarmid's accuracy was a highlight of the game, missing only one goal for the match despite the pressure applied by Glencoe's Owen, who grew with confidence as the game went on and continued to fight for possession.

However, in the end Kalangadoo ran out 58-29 victors.

Best players for Kalangadoo were McDiarmid and Peacock, with Jaeschke and Chloe Pfitzner best for Glencoe.



CONTROL: Kalangadoo's Jayde Peacock takes possession as the Magpies run over Glencoe on Saturday. Picture: LACHLAN ONIONS

# Roosters run away easily over Nangwarry

**ROBE 68 D NANGWARRY 16**

Robe turned on some wet and windy weather for Round 9 of Mid South East netball, which made for a difficult day on the court.

However, the Roosters came out strong with some great pressure from Georgia Perkins and Emma Grant in defence, holding Nangwarry to only five goals for the first quarter, while Robe's Demi Carter and Tori Gluyas scored eight goals each.

Robe made a change at quarter time, bringing Halle Carter into goal attack and Gluyas taking the bench.

The Carter sisters combined well in the circle and Demi Carter shot accurately, scoring 17 goals for the quarter, with some precision passing from Robe's mid-court, Lucy Perkins and Annie Regnier.

With Nangwarry only scoring three goals for the quarter, the score was 39-8 at half time.

Robe made more changes at half time with Demi Carter taking the bench and Gluyas on at goal shooter.

Nangwarry's Cassie Dinnison worked hard at wing attack, directing play in the attack line and driving well onto the circle.

However, Robe's defensive pressure down

the court really stepped and they capitalised on their turnovers.

The final quarter saw Robe making more changes, with Demi Carter going back into goal shooter and Gluyas to goal attack, Ellen Ramke to goal defence and Halle Cater to wing defence, while Grant took the bench.

Nangwarry saw Ella Jones come on at wing defence and Scarlett Black taking the bench.

Once again Demi Carter and Gluyas combined well in the goal circle for Robe and the defensive pressure down the court saw lots of turnovers from Robe's mid court.

Best players for Robe were Hunter and Perkins, while best for Nangwarry were Chrystal Lock, Claire Ferguson.

TOP PERFORMANCE: Annie Hunter was named Robe's best player as the Roosters claimed a dominant victory over Nangwarry. Picture: FILE



# Roosters too strong

By Lachlan Onions

**ROBE 21.19 (145) d NANGWARRY 4.8 (32)**

Robe claimed an emphatic win over Nangwarry in Round 9 of Mid South Eastern football with a comprehensive four-quarter display.

In unenviable playing conditions, the Roosters stormed out of the blocks to take a 34-point lead at the first break and never looked back.

Robe coach Nathan Brown was pleased with the way his side stepped up in the wet weather.

"Considering the conditions, I thought we played really well," he said.

"They were absolutely horrible, it was pretty breezy and extremely wet as well.

"There was a bit of rain through the game, the oval was slippery and the ball was pretty hard to deal with and use effectively but we managed to do that, which was pleasing."

Robe kicked seven goals in the second quarter and held a monster 61-point lead at half time.

Things only got worse for Nangwarry in the third stanza as the Roosters continued to pile on the misery and the hosts took a 122-24 lead at the final change.

Robe then cruised to victory in the final quarter with an extra three majors to put the icing on the cake.

Brown was pleased with the fact his side managed to post such a high score on a day where playing was made all the more difficult.

"21.19 on a day like that is pretty handy with the wet weather, heavy footy and the wind blowing a gale," he said.

George Dutton was best on ground for Robe, while Sam Huebner was a threat in the forward line with four goals for the game.

"I thought George Dutton's first half in particular was really good," Brown said.

"Henry Lawrie has been solid for us all year and he had another standout game.

"Sam Huebner played a different role for us this week.

"He played in the forward pocket and kicked a couple of big goals early to get us going."

Robe faithful also got to see Kaiden Carter and Zack Donnelly make their A Grade debuts for the club on Saturday.

"Young Kaiden Carter kicked two goals in his debut game," Brown said.

"He is only a second year Senior Colt player and I thought he was really good for us.

"Zack Donnelly was really good, unfortunately he did a hamstring in the second quarter so he sat out the rest of the game which was a bit unfortunate.

"He brings a lot of experience, he is a Naracoorte boy and played a lot of A Grade footy out there and coached as well.

"We missed him a little bit in that second half but his first half was really good."

For Nangwarry, Josh Smith was best on ground, while Ben Just, Jack Stocker, Tom Vanderhorst and Joel Virtanen all kicked one goal each.



WEAPON: George Dutton was in fine form for Robe in his side's win over Nangwarry on Saturday. Picture: FILE

# Season goes full circle

By Trevor Jackson

## KONGORONG V KALANGADOO

Mid South East football goes full circle this weekend, with the second half of the season to kick off.

Those sides that lost in Round 1 can have the chance to right the ledger, but it will be a tough call for Kongorong against the might of Klanagadoo.

In the opening round the Hawks pushed the Magpies far more than many may have expected.

In fact, the Hawks led at every break before the Magpies came home with a wet sail and snatched victory from the jaws of defeat.

It was a new-look Magpies roster and Dylan Bromley wasted no time stepping up for the Magpies, with five major scores to help fill the void left by Michael Krieger's departure.

The usual suspects in Ben Mules, Lachy Jones and Sam McManus were also in on the action and will be hard to stop.

For the Hawks, Jarrod Ryan bagged four goals as Kongorong looked to upset the reigning premiers, but it was not to be.

Kongorong comes off a loss to Tantanoola, while Kalangadoo claimed the points over an inconsistent Glencoe last weekend.

While the Hawks will put up a fight, the Magpies will be too strong as they march towards another finals tilt.

## ROBE V TANTANOOLA

It is hard to mount a case for Tantanoola this weekend, mainly due to the performance of Robe this season.

The Roosters have gone through half the season unimpeded, generally with decent margins to their opposition.

Back in Round 1 the writing was on the wall as the Roosters easily accounted for the Tigers and sent their first message to the remaining sides.

Ten individuals put their hands up for a major score in that game, with Hamish Smith bagging five.

Nathan Brown certainly has his players well drilled and Robe is probably an unbackable favourite for the flag at this stage of the season.

What that means for the Tigers is a tough day at the office.

The long trip up to Robe will not be fruitful and Tantanoola can only hope for a tighter contest than the Round 1 encounter.

The Roosters will win this win at a canter and add to their growing list of success in season 2023.

## MOUNT BURR V NANGWARRY

Nangwarry chalked up its first win of the season in Round 8, but the same result will not come this weekend.

The Saints face a tough Mount Burr, a side embroiled in a battle for third place on the ladder.

Kalangadoo, Hatherleigh and the Mozzies all sit on 20 premiership points, with the Eagles off with the bye this weekend.

Mount Burr is always tough at home and the Saints will need to bring their best to compete.

Andrew Hyland has been a shining light for the Saints, kicking six of their 15 goals to beat Kongorong just a couple of weeks ago.

Last week his absence was sorely noted and he will be needed if the Saints are to come close to the Mozzies.

Nangwarry suffered a big loss to Robe last week, while Mount Burr comes off a bye and the extra week from the Interleague carnival.

You also get the feeling Mount Burr has not yet shown its full hand and as the season progresses, the Mozzies should lift further.

They will need to lift, considering the fight for a finals berth, with the Mozzies just outside in fifth place, with a small percentage margin to Hatherleigh in fourth.

The Mozzies will claim the points in this one without too many dramas.

## GLENCOE V PORT MACDONNELL

A tough season gets no easier for Glencoe this weekend when the Murphies host Port MacDonnell.

The Murphies have been hot and cold this season, with some glimpses of what could be, mixed in with some ordinary performances.



Kalangadoo is hitting good form at this stage of the season.



Port MacDonnell will account for Glencoe this weekend.



Nathan Brown has his Robe side at the top of league and will continue unabated this weekend.



Mount Burr is set to chalk up another victory against Nangwarry this weekend. Pictures: FILE

They sit down in seventh spot on the ladder, with just two wins for the season.

In contrast, the Demons sit up in second place, clear of Kalangadoo by just four percentage points.

Back in Round 1 they easily accounted for Glencoe, in a game that saw 11 Demons contribute major scores.

The biggest result for the Murphies this season was their huge win over Hatherleigh, but since then wins have been scarce.

The Murphies were easily beaten by Kongorong, then pushed Robe for the full four quarters.

Another big victory came in Round 7 against Nangwarry, with a couple more losses.

Port MacDonnell went on from that first-round win in strong fashion, with last week's loss to Hatherleigh in atrocious conditions is not typical of the Demons' season.

Despite having to travel to Glencoe, the Demons will come out on top and hold onto their second position clear.



Kalangadoo's Ebony McDiarmid has proven to be a gun shooter needing to be shut down by the Kongorong defenders. Pictures: FILE



Glencoe's Chantelle Cocks will be under plenty of pressure at the attacking end of the court.



Robe's attacking end will need to be on point, as Tantanoola chase the points in a tight contest.

# Challenges galore ahead

## KONGORONG v KALANGADOO

Mid South East netball heads into its second half of the season on Saturday, with Kalangadoo making the trip to Kongorong to face off against the Hawks.

Kalangadoo defenders Lauren Kain and Lara Munro work hard in the circle, fighting for any rebounds.

Kongorong goalies Tilah Buckingham and Evie Sealey have proven to be strong under the post and accurate within the circle, but will need to fight for every ball under the pressure of the Magpie's defenders.

Rach Perry and Chloe Peacock will fight hard through the court for every ball, being influential for their respective sides throughout the game.

Emily Lightbody and Riley Buckingham combine well in the defensive circle for the Hawks, but will need to stop the ball before it reaches the hands of Ebony McDiarmid in the goal circle, needing to shut down Abbey Duncan from outside.

Kalangadoo will come away with the win, but Kongorong will keep the pressure on for the whole game.

## ROBE v TANTANOOLA

Robe hosts Tantanoola as they face off again after a tight game earlier in the season. Tantanoola's Kate Varcoe and Robe's Annie Regnier will fight hard from the first whistle for their respective teams, working up and down the court to create turnovers and chase up any loose balls.

Tantanoola defenders Kate Bromley and Tayla Rowe combine well in the circle, getting hands to balls and creating turnovers.

That will mean Robe's Tori Gluyas and Demi Carter will need to move well and be fed with accuracy from outside the circle.

At the other end of the court, Tantanoola goalies Emma Gould and Keryl Ousey are able to use their height to their advantage in the circle, but will have a lot of pressure applied from Robe's Emma Wheal and Ellen Ramke.

This game has the potential to be close and went the way of the Roosters in Round 1, but

both teams have the potential to come away with the points.

## MOUNT BURR v NANGWARRY

Mount Burr host Nangwarry this weekend after two weeks off.

Both teams will come out firing, fighting hard for every possession.

Ebony Clark and Lauren Wheeler have proven to work well together in the circle for the Mozzies, with both being accurate throughout the circle and fighting hard for possession.

The defensive pressure of Kayla Gray and Carly Ploenges for the Saints will make it hard for Mount Burr's attack line to feed into the circle, creating turnovers where possible. Nangwarry's Cassie Dinnison is able to feed into goalies Hayley Vanderhorst and Thalia Wilson with ease.

The pressure from Mount Burr's Megan Thiele and Olivia Dean will make it hard to feed into the circle, getting hands to balls and rebounding any missed opportunities.

This game will likely go the way of the Mozzies, however Nangwarry will not go down without a fight.

## GLENCOE v PORT MACDONNELL

After a close game in Round 1, both Glencoe and Port MacDonnell will fight hard to get the win this weekend at Glencoe.

Port MacDonnell's Alysha Coon and Alana Berkefeld work well together and create a lot of turnovers in the defensive circle for the Demons, meaning that Glencoe's goalies Jenna Paproth and Chantelle Cocks will need to ensure their accuracy and continue to move well with each other.

Glencoe defenders Sarah Edwards and Chelsea Owen will fight hard to limit the opportunities of the Demons goalies, Kori Collins and Megan Hein.

Liza Mutch and Shannon Scheidl will work hard through the mid-court for Port MacDonnell, fighting hard for every ball under the pressure of Donna Jaeschke and Alice Tentye.

This game has the potential to go either way and could be a close one once again.



Lauren Wheeler has become an integral piece of the Mount Burr attack line.

# Eagles claim Colts sweep

By Lachlan Onions

## JUNIOR COLTS

**PENOLA 10.6 (66) d MUNDULLA 6.6 (42)**

The young Eagles claimed their third win of the season with an impressive display against Mundulla on Saturday morning.

Penola leapt away early as it hit the ground running to kick three unanswered goals in the first term to take a 20-2 lead at the first change.

However, the Tigers soon bounced back and dictated play in the second quarter.

Mundulla kicked three goals in the term and held Penola to just the one major to put the pressure on the hosts.

The Eagles remained in front at half time but held a slender three-point lead.

After a disappointing second stanza, Pe-

nola kicked into gear in the third quarter as it kicked four goals and held the away side to just two majors for the quarter.

After a momentum-shifting quarter, Penola went into the final change with a healthy 18-point lead.

The Eagles then put the game on ice as they added another two goals in the last quarter to claim a 24-point win.

George Berkin was once again best on ground for Penola, while Luc Baverstock, Joel Crawford, Jackson Bowen, Charles Pearce and Tyler Ellul were all named amongst the best players.

Crawford and Henry Batt led the way in the forward line with three goals each, while Baverstock slotted through two majors with Pearce and Jack Lambert both kicking one goal.

## SENIOR COLTS

**PENOLA 12.9 (81) d MUNDULLA 4.3 (27)**

Penola's Senior Colts completed a junior double on Saturday as the Eagles claimed an emphatic victory over Mundulla.

The home side was on fire from the opening bounce as they held the Tigers scoreless in the first quarter.

Along with a wall of a backline which prevented Mundulla from hitting the scoreboard, the Eagles were ruthless in attack as they scored 6.3 (39) to take control of proceedings.

The second quarter was a more even battle as Penola added just two goals, while Mundulla scored 1.2 (8).

After a whirlwind first half, the Eagles went into the break with a mammoth 45-point lead and never looked back.

Penola added another three goals in the

third quarter and held Mundulla to just one major.

The Eagles took their foot off the gas a touch in the last quarter as the Tigers outscored the hosts.

However, it failed to put a dampener on a superb performance from the Senior Colts as they claimed a 54-point win in front of their home fans.

Thomas Currie was best on ground for the Eagles and was supported by Ned Skeer, Jace Minge, Marcus Brand, Ryder Tilby and Finn Skeer.

It was a solid team effort from Penola as there were nine different players who kicked a goal.

Ben Copping, Alex Merrett and Tilby led the way with two goals each, while Brand, Currie, Bodhi Lear, Minge and Kaleb Moulton all kicked one major.

# Penola masters weather and proves too good for Tigers

From page 32

13A

**PENOLA 29 d MUNDULLA 25**

It was a tough clash for the 13A girls as they

took on a competitive Tigers outfit with the contest goal-for-goal throughout.

The Eagles' defensive pressure was consistent for the full four quarters which ultimately won them the game.

Best players went to Lani Mangarangi and Evie Tilby who got countless turnovers throughout the game.

## DIVISION 2

**PENOLA 27 d MUNDULLA 25**

In wet conditions the girls played well to claim a nail-biting victory.

The Eagles chased up loose balls and backed each other up to hold on for a narrow two-goal win.

Mia Gartner's and Matilda Marlow's efforts in defence were rewarded as they were best on for Penola.

## DIVISION 1

**PENOLA 50 d MUNDULLA 28**

Penola started off strong in the first quarter with some great movement through the mid-court led by Tess Porter and Holly Flint.

They were supported by some impressive shooting from Tegan Lythgo and Ivy Wurst which helped the Eagles take an 11-goal lead at the end of the first quarter.

In the second quarter, Stella O'Brien and Heidi Berkin stood up and held off Mundulla's attack time and time again.

The Penola shooters would not be denied as they worked well to finish off another strong quarter.

In the third quarter, Mundulla and Penola battled it out with both teams finding it difficult to score against some pretty good defence on both sides.

However, the Eagles still extended their lead

and took 20-goal lead with one quarter to play.

Penola continued to extend its lead in the last quarter before the heavens opened in the final few minutes which slowed the game down for both sides.

O'Brien and Lythgo were the best players for Penola.

## C Grade

**PENOLA 38 d MUNDULLA 22**

The Eagles made it eight wins from eight with another stellar performance on the weekend.

Penola managed to stay strong and worked tirelessly to get in front with some smart netball.

With the damp conditions, the Eagles shuffled some players around to work on new structures.

Lucy Catlin ran the centre while Chicago Smith was absent due to her participation in Swinging With The Stars, where she took home the People's Choice Award.

Meanwhile, Sarah Gartner switched ends and settled in nicely to the attack line.

Penola dominated from start to finish as it secured top spot on the ladder at the midway point in the season.

Catlin and Eva Manarangi were the best players for the Eagles.

## B GRADE

**PENOLA 65 d MUNDULLA 27**

The wet and wild conditions failed to deter the Penola B Graders as they sealed yet another victory.

In trying conditions, the girls adapted to the weather and played a steady and controlled game of netball.

Teegan Galpin and Sarah Murphy both shot well all day and the latter's defensive pressure down court was also one to note.

Lauren Moore was Penola's most versatile player as she provided accurate timing and feeding into the goalies down one end and created several turnovers down the other.

Ava Copping, Monique Maney and Jess Blackmore worked brilliantly through the mid-court, while Caitlin Eason and Jade Lythgo provided turnovers in the defensive end.

Murphy and Copping were the best players for the Eagles.

## A RESERVES

**PENOLA 54 d MUNDULLA 28**

The A Reserves made the most of their week off as they came out firing against Mundulla on Saturday.

The conditions were bad at best but Penola adjusted to the weather and looked after the ball for four quarters.

The Eagles' depth was on full show as Hannah Klemm was rested for the first half, which gave Sophie Schulz and Kim Wilson the chance to work together in the defensive circle.

They worked brilliantly together as they shut down opportunities and picked off passes and rebounds at will.

At the other end Karly Honner and Kasey Venables worked tirelessly to secure good position under the ring and shot well in average conditions.

The Eagles mid-court ran all day and seamlessly transitioned the calm from defence to attack time after time.

The second half saw Sally Skeer have a well-earned rest as the home side had a 12-goal buffer.

Penola cruised to victory in the second half to claim a victory which was never in doubt.

Venables and Schulz were the best players for the Eagles.

## THE PENNANT

ESTABLISHED 1946

### Website:

[www.penolapennant.com.au](http://www.penolapennant.com.au)

### CLASSIFIEDS

Phone: 1300 666 808

Email: [sales@networkclassifieds.com.au](mailto:sales@networkclassifieds.com.au)

### ADVERTISING

Phone: 08 8741 8170

Email: [advertising@tbwtoday.com.au](mailto:advertising@tbwtoday.com.au)

### EDITORIAL

Phone: 08 8741 8170

Email: [editorial@tbwtoday.com.au](mailto:editorial@tbwtoday.com.au)

### DEADLINES

Advertising Bookings Thursday 4pm  
(week prior)

Classified Bookings Tuesday 3.30pm

Level 1, 1 Commercial St East, Mount Gambier SA, 5290.

Published by SA Today Pty Ltd.

ACN 644 311 937.

All material is copyright to SA Today Pty Ltd.

All significant errors will be corrected as soon as possible.

Distribution numbers, areas and coverage are estimates

only. For our terms and conditions, please visit

[borderwatch.com.au/terms-and-conditions](http://borderwatch.com.au/terms-and-conditions).



Proudly a South Australian company.  
Printed in South Australia.



Brooke Klemm makes a pass amidst the torrential rain on Saturday.



April Possingham takes possession in the goal circle.

THE PENNANT  
PENOLA  
DIGITAL

WE ARE ALL ABOUT  
OUR COMMUNITIES  
[www.penolapennant.com.au](http://www.penolapennant.com.au)



# History runs deep

Kalangadoo boasts many sporting members of the community, including lawn bowls.

Back in the early years the committee of the War Memorial Park agreed to promote the formation of a bowling club and in 1963 a meeting was held and as a result the Kalangadoo Bowling Club was formed.

R. Winsler was elected president, H. Smith vice president, D. Parker secretary, C. Bartlett treasurer and D. Walker minute secretary.

The planning and installing of the green were done by voluntary workers.

The Associate (Ladies) committee was formed in 1964.

A marquee was erected to cater for the players until rooms and a kitchen could be built.

A generous donation by Mr J. Hunt made that possible.

At the time the club had 50 members and 35 associates (Ladies).

Currently the club has 28 members and no associates due to lack of numbers to fill a pennant side.

Over the years the club has been well supported by local community members who are active and hard working, with mainly volunteers completing all the tasks inside the club and the surrounds.

Being small in numbers, the club has two men's pennant sides both competed in finals in the LSEBA league in the 2022-23 season.

Kalangadoo Bowling Club can now boast they are the only bowling club that plays on grass in the Lower South East, which in 1963 was the norm.

Many sponsors have come on board over the years to help the club continue to compete – the Kalangadoo Hotel, TDC Livestock, Nutrien, Bucik Tyre power, O'Connor and Graney, Signs by Brumby, Collins Court Butchers, Geoff Gray painters and Decor House, with future sponsors coming on board in the near future.

The club is welcoming and would like to invite more future members to join in and get involved in the sport of bowls for all ages.



Kalangadoo Bowling Club in its current form.



The Kalangadoo Bowling Club welcomes new members to its facilities. Pictures: SUBMITTED



Kalangadoo Bowling Club in years gone by.



Putting competition winner Rosemary Ey, A Grade runner-up Pat Boyd, B Grade winner Deb Kuhl, nearest to pin winner Penny Young and A Grade winner Claire Mossop. Picture: SUBMITTED

## Kuhl wins at Penola

The Koonara Monthly Medal was contested by women at the Penola Golf Club in cool but mostly dry conditions last week.

Deb Kuhl had the best score of the day with a nett 77 to claim victory in B Grade.

Claire Mossop put in a strong performance to claim the victory in A Grade, while Pat Boyd was runner-up.

Penny Young claimed the nearest to pin, while Rosemary Ey won the putting competition.



A Grade runner-up Bronwyn Clarke, B Grade winner Bec Shanks and B Grade runner-up Heidi Muhovics. Picture: SUBMITTED

## Countback decides the trophy winner

There were 22 women who competed in a stableford event for the Heather Walker Memorial trophy and the first round of the Marg Young Eclectic at the Millicent Golf Club last week.

After a nail-biting contest, a countback was needed to decide the winner in A Grade.

Both Alex Lambert and Bronwyn Clarke scored 35 points and Lambert took home the win after the countback.

In B Grade, Bec Shanks claimed the win after an impressive round where she scored 36 points.

Heidi Muhovics was runner-up, just two points back.

Debbie Tincknell, Sue Agnew and Val Williams were the ball winners.

In the nine-hole competition, Lambert claimed the victory for her 21 points on the back nine.

Clarke was the nearest to pin on the third hole, while Lambert was the nearest on the 13th hole.

Tincknell was the nearest to the pin for the second shot on the 17th hole, where she converted the birdie putt which followed.

Shanks was the nearest to pin for the second shot on the fifth hole.



Division 1 winners, Tony Bishop, Brian Prosser, Alllan Schultz and David Douglas.

Pictures: SUBMITTED

## Sun shines on South East Veterans

On a bleak rainy day, only 31 players headed off north to Bordertown for the latest South East Veterans golf round.

However, they found the sun shining and had an enjoyable day on the composite course.

The greens were fast and true and 41 points saw Kingston's Brian Prosser claim Division 1, from local, Tony Bishop on 39 and Alan Schultz 37.

Max Clifford claimed Division 2 to end a long losing streak with his 37 points, from Graham Pilgrim 35 and Kenny Milsop 33.

Nearest the pins went to Col Wright, Graham Pilgrim and Rob Perryman, with the Ross Orchard trophy going to David Douglas and Rob Sims.

Alan Schultz found the Scotch.

The next visit is Lucindale on July 3, then Millicent on July 17 and Robe on July 31.



Division 2 winners, Robert Sims, Max Clifford, Graham Pilgrim and Ken Milsop.



# Eagles rue a poor start

By Lachlan Onions

**MUNDULLA 8.12 (60) d PENOLA 4.9 (33)**

It was a case of what could have been for Penola's A grade side after a poor opening quarter in treacherous conditions proved costly against Mundulla in Round 8 of Kowree Naracoorte Tatiara football.

Players had to contend with rainfall and muddy conditions from the opening bounce which made play difficult for both sides early in the contest.

The opening quarter was fairly evenly poised in terms of possession and territory but the Tigers were a class above when they were in attack.

Penola could only muster up two points from its forward entries in the first term, while Mundulla kicked 5.4 (34) to take a very handy 32-point lead.

In the second quarter, it was a far more even contest on the scoreboard as the Eagles were more clinical going forward and restricted the errors which occurred in the first half that allowed the Tigers to break away.

Both teams kicked 2.3 (15) in the second term and the Eagles trailed 17-49 at the main break.

In what remained difficult conditions for football, the second half got off to a slow start as only one goal was kicked for the third quarter.

Penola could only add three behinds while the Tigers scored 1.2 (8) to take a 37-point lead at the final change.

However, despite the deficit, the Eagles continued to battle on as they held the visitors goalless in the final term while adding two majors of their own.

After a solid final three quarters, Penola managed to reduce the deficit to 27-points at the final siren.

Brad Bryant's stellar season continued on Saturday as he was best on ground for Penola,



James Foggo takes a contested mark in Penola's forward line.

Pictures: LACHLAN ONIONS

while Jayden Eldridge continues to prove why he was such a big signing in the offseason for the Eagles as he made it eight games from eight where he has been named in the best players.

Jacob Robbie's rise over the last 18 months was evident as he kicked two goals and was a pivotal player in the midfield.

For the visitors, Reagan Tink led the way with a strong performance and was best on

ground, while James Hinge led the way with three goals.

Looking ahead to this weekend, Penola faces another tough fixture as it will make the long trip to Keith for Round 9.

The Crows are currently third on the ladder with six wins and two losses and will be eager to bounce back from their Round 8 loss to Border Districts.



Brock Egan takes a running mark in rainy conditions.



Gerard Merrett tackles Tom Gaden.

Penola will need to keep close tabs on Blake Read, who has been in impressive form in the forward line for Keith.

Read has kicked 24 goals in seven games and is sixth in the league for goals kicked.

With home ground advantage Keith should head into this contest as favourites but the Eagles will be boosted by their strong performance against Mundulla and should put in a solid fight.

## Penola masters weather and proves too good for Tigers

**A GRADE**

**PENOLA 41 d MUNDULLA 36**

The Eagles were met with the worst conditions they have faced this year when they hosted Mundulla in Round 8 of Kowree Naracoorte Tatiara netball.

The first quarter saw some scrappy netball as both teams adjusted to the wet weather.

April Possingham shot with confidence, however, her and Tegan Lythgo did find it tough at times against Casey Bernhardt and Elizabeth Hawker.

The Eagles managed to capitalise on some great defensive stops and missed shots to take a four-goal lead at the first break.

In the second quarter, Danielle Weise entered the game for Mundulla and had an impact getting some nice deflections.

However, Siobhan Adams was once again in fine form feeding beautifully into the goalies but Wiese did not make it easy for her to receive the ball.

Penola managed to extend its lead to seven goals at half time which gave the hosts some breathing space.

The rain started to ease for the second half as the Eagles came out strong once again.

Sally Skeer in only her second A Grade game for the year stepped up and applied lots of pressure to her opponents forcing them wide and high.



Alix Lovering and Kaitlin Egan battle for possession.

Picture: LACHLAN ONIONS

Brooke Klemm was fierce coming through to gain multiple intercepts.

Penola managed to stretch the lead out to as much as 13 goals through the term but some strong work in the goal circle by Kellsey Hinge allowed Mundulla to pull the lead back to 10 at the final break.

The last quarter was the strongest for the Tigers as their defensive switch putting Casey Bernhardt back to GK paid dividends.

She managed to get her hands on multiple balls and kept the Eagles to only five goals for the quarter.

Despite the disappointing finish, an impressive opening three quarters was enough for Penola to come away victorious.

Possingham and Skeer were the best players for the Eagles.

A blockbuster clash awaits Penola this weekend as it travels to take on the second-

placed Keith in what could be an early prelude to finals.

**13C**

Kirsty's girls worked well as a team and chased for every loose ball.

With some quick passages of play down the court and the goalies shooting well it was a great game of netball to watch.

Imogen Finch was best on court.

Kim's new-look 13C team, worked well together.

The girls in defence worked hard creating many turnovers, while the girls in attack transitioned the ball well and had some great passages of play.

Bonnie Skeer was the best player.

**13B**

**MUNDULLA 8 d PENOLA 7**

A thrilling contest took place between the Eagles and Mundulla in the 13B game.

It was a fast-paced game with some great opposition but the girls stepped up to the challenge.

Leah, Sophie, Indi and Milly worked well together in the forward line, creating some great passages of play.

Emmie, Bree and Chelsea worked tirelessly in defence, taking advantage of their front positions to gain many turnovers.

Emmie and Bree earned themselves the Wendy's award for their turnovers and rebounds.

Continued page 30